ISHP Newsletter

Volume 26 #1

February 2016

Idaho Society of Health-System Pharmacists Newsletter Volume 26 # 1



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President's Message

"What can I do in ISHP?"



Chris Oswald

Hello fellow ISHP Members! I hope 2016 is off to a good start for you, both in your personal as well as your professional lives. For ISHP, we hit the ground running. January provided us with a successful Legislative Day, complete with a presence at the Capitol and Board of Pharmacy Meeting and representation at the legislative reception with Idaho legislators. And, quickly approaching is the ISHP Spring Conference, with a focus on medication safety and the use of technology. I hope you will join us as this provides an excellent time to network with peers as well as great education to further our practice. We will be having an ISHP Members Meeting during the conference where we will be discussing the latest updates within the organization as well as bringing forward a bylaws proposal to modify the ISHP ASHP delegate terms and officially open nominations for the 2016-2017 ISHP Board of Directors.

I was recently asked, "What can I do in ISHP?" My answer, although brief with an in depth explanation is: Whatever you are willing to donate the time to do. Involvement in a professional association has benefits to the individual, association, and profession. There are networking, educational, and leadership opportunities just to name a few. When I think of what ISHP has the ability to offer all three of these areas, I first look at what we can do for our members. We work to bring together like-minded people from across the state of Idaho so they may be able to further their professional careers and in return practice pharmacy to the max. And, this carries different meaning to different people, which, in my opinion, further strengthens the organization because of its eclectic make up and passion for betterment. From this, we are able to form a unified voice on where we believe health system pharmacy should be, how we should get there, and what we are going to do to maintain that high level of achievement.

Again, we have a Member Meeting coming up on March 5th during the lunch portion of the Spring Conference. In addition to those items I mentioned earlier, I will also be sharing what not only ISHP can do for you but also what you can do for ISHP. And together, we can achieve great things for ISHP and the pharmacy profession. Thank you everyone for your continued enthusiasm and involvement with ISHP and I look forward to seeing you at the Spring Conference!

Chris

2015 – 2016 ISHP Officers and Directors:

President: Chris Oswald

President-elect: Lindsay Kaster

Past President: Debbie Rothstein

Secretary/Treasurer: Dawn Berheim

Executive Director: Ryan Fitzgerald

Administrative Affairs: Scott Milner

Education: Brandon Griffith

Programs: Eliza Borzadek

Legal & Public: John Sullivan

Professional Affairs: Brian McCullough

Student Representatives: Meridian - Dustin Stacey

Pocatello – Sarah Iannacone

Technician Representative: LeAnn Bolster

ISU College of Pharmacy Representative: Rebecca Hoover

Northern Idaho regional Representative: Steve Crenshaw

Central Idaho regional Representative: Elizabeth Thompson

Information Technology Committee: Jim Nuygen

Newsletter Editor: Kent Quickstad

ASHP Liaison: Beverly Black

ASHP Liaison: Kimberlee Berry

EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com



The mission of ISHP is to promote the highest levels of pharmacy practice by our members



ISHP Annual Fall Meeting

Sun Valley

September 23, 24, 25, 2016

ISHP Spring Meeting

March 4, 5 & 6th, 2016

Boise, Idaho



"Transforming the Future-Technology in Pharmacy"

Some of the features that will be included in the 2016 Spring Meeting include:

- ✓ Antibiotic stewardship workshop
- ✓ New technology in oncology care
- ✓ Management of drug shortages
- ✓ Antibiotic stewardship
- ✓ Medication errors and sterile compounding

Register NOW thru the ISHP website - Hope to see you in Boise on March 4, 5 & 6th!

Idaho's 2016 ASHP House of Delegates Election Results



The House of Delegates is the policy making body for ASHP. Thank you for your vote as these delegates will represent you within ASHP and provide our State's position on specific ASHP proceedings, which impact the pharmacy industry nationally.

Congratulations **to Mike Dickens** and **Elizabeth (Thompson) Duncan** who have been elected to serve as the 2016 Idaho representatives to the ASHP House of Delegates. **Paul Driver** will serve as the alternate delegate.

Have you ever wondered, "What is ISHP's involvement on the national level?"

In an effort to answer this question ISHP has added a new tab on their website labeled <u>ASHP House of Delegates</u>. By going to the ISHP's website and looking at this tab you can find answers about what our Idaho's Delegates will be voting on for the upcoming ASHP policies in 2016. Additionally, there is information on who the state delegates are, as well as ways to contact them. If you have any question about how to get more involved with ISHP, or questions on which policies are being discussed please check out this new section of the ISHP website and feel free to contact the Idaho state delegates.

http://ishp.shuttlepod.org/ASHP-House-of-Delegates

For more information on the ASHP House of Delegates, the role of the delegate, the policy making process, or other activities, please go to the ASHP Delegate Webpage:

http://www.ashp.org/menu/PracticePolicy/HOD

The next year's ASHP 2016 Summer Meeting and Exhibition (June 11 – June 15) will be in Baltimore, MD.

Legal and Public Affairs Update

John Sullivan



The 2016 Legislative session began on January 11th. All proposed Board of Pharmacy rules and statutes have passed. Here is the recap:

Statutes

- 54—1710 Pharmacy Board Terms Removal of language which was put into place during a transition time to create a staggering of board member terms and is no longer necessary.
- 37—2726 Prescriptions, Medical Examiners, Database Language added to allow a medical examiner or coroner access to the database for determining a cause of death or for performing other duties authorized by law.
- 54—1734 Legend Drug Possession Language added to allow licensed Midwives to possess legend drugs limited to a formulary consistent with rules promulgated by the Idaho board of midwifery. Home health nurses or agencies and hospice agencies may possess emergency kits pursuant to rules of the board.
- 37—2720 Controlled Substance Storage Language modification
- Removal of Title 39 Chapter 8 Non—Prescription Contraceptives repealed.

Rules by docket number

- 27—0101—1502 Institutional Pharmacy Dispensing Language added allowing institutional pharmacies to dispense to current employees.
- 27—0101—1503 Compounding Definitions Definitions added for Hazardous Drugs, USP 795, and USP 797. Language added under 239.01 compounding drug products providing an exception for compounding kits as not considered as compounding as long as they are prepared pursuant to the manufacturer's FDA approved labeling. (Example Vancomycin oral solution kit)
- 27—0101—1504 Emergency Preparedness Allows for temporary pharmacies to be set up and provide pharmacy services during a national, state, or local emergency declared by the President of the United States, the Governor of the State of Idaho or by any other person with legal authority to declare an emergency.
- 27—0101—1505 Definition Updates Language added under Pharmaceutical Care Services "Ordering and interpreting laboratory tests" and added language for reconstitution.
- 27—0101—1501
 - o Retail Non—pharmacy Outlet Registration added fee.
 - Pharmacist licensure by examination: Foreign pharmacy graduates increased number of experiential hours to 1740 from 1500.
 - Certified pharmacy technician registration registration may be cancelled if certification not maintained.
 - Ocontrolled substance storage Drugs in Schedule I—V must be stored in a securely locked, substantially constructed cabinet. Drugs in II—V however may be dispersed throughout the stock of noncontrolled substance in such a manner as to obstruct the theft or diversion. (A request from the Senate Health and Welfare committee chair was received to define "substantially constructed")

Pharmacy Day at the Capitol was held on January 18th. There was great representation of the profession by students from ISU, residents and pharmacists. It was a great opportunity to discuss issues with state legislators as they passed through and provide education on what pharmacists do within different health care settings. This event was followed by the reception cosponsored by ISPA and ISHP at Beside Bardenay. The event provided more opportunity to discuss issues with legislators and was well attended.

There are a few legislative items coming up during this session. ISPA has proposed legislation to lower the age to which pharmacists can provide vaccinations. This goal of this legislation is to help improve the childhood vaccination rates in Idaho by increasing access.

There is also proposed legislation around **biosimilars**. The change would add the requirement for pharmacists to notify prescribers if a substitution is made within 5 business days of the dispensing. This was discussed during last year's legislative session with the original rule and the language was not included at that time.

Provider status continues to be discussed during the monthly ASHP state affiliate call. Pharmacy day provided a great opportunity to bring this topic up with state legislators, educating them of the initiative. If you have not yet requested support from Senators Crapo and Risch or Representatives Labrador and Simpson please do so. Links can be found on the ASHP website under Advocacy.

John

Technician's Corner

LeAnn Bolster - ISHP Technician Representative

Hello Technicians! We at ISHP have been working hard on the upcoming Spring Conference topics and I think we have some fabulous CE's to present March 4, 5 and 6th. Registration and details are now available on the ISHP website. Once the Spring Conference has concluded we will immediately begin working on the Fall Conference details so if you have suggestions for CE topics, are interested in participating in the poster competition, would like to present a CE topic, or are interested in volunteering for the education committee, please let me or any of the ISHP board members know.



I've also been busy working with our web manager to update the Pharmacy Technician Corner of the ISHP website as well as looking at expanding some other sections to make it more relevant and user friendly. I want your membership to be maximally beneficial to you so I am interested in any suggestions or comments that you may have.

I look forward to seeing you at the Spring Conference!

LeAnn



NATIONAL POISON PREVENTION WEEK March 20 - 26, 2016

Mark your calendars now for <u>National Poison Prevention Week</u>, which is traditionally observed the third full week in March. The recurring theme is "Children Act fast...So Do Poisons!"

As in previous years, Idaho pharmacists, technicians, and students are teaming up with our partner, the Idaho Department of Health and Welfare (via 211 Idaho CareLine), to help educate our citizens about poison prevention. A formal notice (postcard) will be mailed to all Idaho registered pharmacists, certified pharmacy technicians, elementary schools, WIC clinics, daycares, and Head Start clinics during the month of February. ISU pharmacy students will receive an e-mail instead. Please **SAVE THIS POSTCARD**--it will direct you to a website from which you can obtain information about Poison Prevention Week and order materials for your classroom presentation.

Please consider teaching poison prevention to third graders in the school(s) of your choice. It is always fun, only takes about an hour of your time, and is much appreciated by the students and their teachers. This is a great opportunity for community outreach and will help prevent unintentional poisonings in our state's children.

As usual, we will attempt to schedule a proclamation signing ceremony for *Poison Prevention Week in Idaho* with the Governor or his designee.

For further information, please contact Les Gieselman at home (336-0065), work (381-2538) or via e-mail (lesgieselman@gmail.com). Thank You for your participation!

Les Gieselman, PharmD Poison Prevention Week Coordinator Idaho Society of Health-System Pharmacists

IDAHO PHARMACY RESEARCH and EDUCATION FOUNDATION

Make it Your Own

Debbie Rothstein ISHP Immediate-Past President

The Idaho Pharmacy Foundation (IPF) exists to help fund your professional research and educational projects in Idaho. Each year the immediate past president of ISHP assumes the role of director. The officers of ISHP serve on the board to assist in selecting recipients of the grants. The ISHP Executive Director provides office support. These people also put together fundraisers for the Foundation like iPad drawings, balloon popping for prizes, and duck pond fishing. The bylaws state that there must be a member-at-large position on this committee to hold us accountable for the distribution of funds. No one is currently in this position.

The Foundation's two functions are raising money and giving money away. Neither function is proving to be easy to do. As Director I am to publicize the Foundation. Why? So pharmacists know there is seed money available to trial their plan for improving medical care of Idahoans. So individuals know how to donate their time and talents in order to raise the money. So people know how to apply for funding and how to find out what their donations get them. Am I going about it the wrong way? Yes I am! So straight out this is what I need from you through September 2016:

- A person to serve as member-at-large on the Foundation's board
- Ideas for fundraisers
- Persons to help run fundraisers
- Persons with ideas on how to effectively publicize fundraisers and the Foundation
- Applicants for grants

Thank you!

Debbie

Debbie Rothstein

Director of the Idaho Pharmacy Research and Education Foundation dba Idaho Pharmacy Foundation ishpcontact@gmail.com

Student's Corner

Sarah Innacone & Dustin Stacey

ISHP Student Representatives



Hello ISHP members,

Well we are now one month into the second semester and I think I can speak for the third year class that we are itching to go on rotations! We are also gearing up for our big fundraisers on campus, the **Spaghetti Feed** in Pocatello (March 4th) and **Trivia Night and Auction** in Meridian (date TBD). These fundraisers provide the funding for our outreach programs so we can provide free immunizations, diabetes and cholesterol screenings as well as educational information. ISHP has been

gracious to donate money to provide a basket at both events in past and the same is being done for this year. Dustin and I would like to thank everyone that has donated and to those who are planning on doing so.

ISU students were excited to participate in **ASHP's Midyear Meeting** last December in New Orleans. This included our **Clinical Skills Competition team of Megan Turner and Michelle Wilkin**. Megan and Michelle participated in this competitive event representing Idaho State University. The competition was stiff and while Megan and Michelle didn't place, ISU was well represented. We are grateful for the assistance of ISHP in support our efforts at the Midyear Meeting.

In January we were involved with the **Pharmacy Day at the Capitol**. We had a great turn out of pharmacy students, residents, pharmacists, posters, as well as State Representatives. We were able to educate the legislators in the areas where pharmacy is expanding its practice and the pharmacist's role in healthcare. We also provided flu shots, blood glucose checks and cholesterol screenings to those in attendance.

February is **American Heart Month** and our **Operation Heart** organization has been raising awareness around campus with new ways to be heart healthy. Each week we are asking students to take a picture of heart healthy activity and to post it on a social media site with the hashtag #MyChangeOfHeart is _____. This past week the topic was to increase blood pressure monitoring among patients, especially those with heart failure. We brought in a Maggie Anderson as a guest lunch speaker on February 9th, who spoke about her experiences with heart disease and how she and her fellow support team has overcome some of the challenges associated with it. Operation Heart is also planning an interprofessional event with the dietetics and physician assistant programs on campus. The dietetic students will be bringing in food that is part of the DASH diet along with recipes that are heart healthy.

Operation Immunization hosted a Pfizer representative who spoke to pharmacy, PA as well as other healthcare program students. The **Idaho Immunization Coalition** also attended this event to promote the seriousness of students getting the Trumenba® vaccine (meningitis B). Pfizer provided free vaccinations for students aged 19-25 who attended the event. This program was well attended on both campuses. In addition to the free vaccine, there was also a social media contest for those who received the product to promote increased student vaccinations.

Lastly, but of utmost sadness, is the passing of our beloved biomedical professor Dr. James "Jim" Bigelow on January 31st. There was a memorial held for him in Pocatello that was well attended by the College of Pharmacy. Many students shared memories about our quirky professor that they held dear to their hearts. Some of those memories include *Star Trek*, cats, the *Far Side* comics, his "random asides", and his fun extra credit questions. To find his obituary access the *Idaho State Journal* online via their website.

As you can see, we are off to a great start with our outreach programs on both campuses. Thank you again to those who have helped out with these programs and thank you in advance to those who plan to continue. We hope to see you all at our fundraising events coming up or at the spring meeting in April.

Sarah and Dustin



NOW AT PTCB

New Recertification Deadlines for Active CPhTs

This is a reminder that effective in January 2016, PTCB has implemented a new recertification schedule for all active PTCB CPhTs. *All CPhTs are affected by the changes*. Most active CPhTs have a new certification expiration date, while a small percentage are keeping the same expiration date. All are required to apply for recertification by the first day of their expiration month or they will be charged the late application fee of \$25.

PTCB's new recertification deadline schedule is designed to help facilitate application submission and processing, and reduce potential disruptions that could affect an individual's employment or state registration.

View the deadline chart



Remember this from 10 years ago? Well now, ISHP will be turning the big 60 this year!

- ✓ Like to be part of the planning for the event?
- ✓ Like to share some of your favorite ISHP stories or know a little bit about our history?
- ✓ Help us get ready for the party
- ✓ Please contact Kent Quickstad at ishpcontact@gmail.com to join in on the fun

"What can I do in ISHP?"

ISHP President Chris Oswald proposed this question on page 1 of this newsletter. He answered his own question quite simply by stating: "Whatever you are willing to donate the time to do."

In addition to helping with many short term, minimal time commitment projects, the following Board positions will be open this fall: President-elect, Secretary-Treasurer, Administrative Affairs and Education. Contact the ISHP office or any of the Board members for more information.

It's your profession. Help us so we can help you.