



QUARTERLY UPDATE

President's Message

ISHP President, Katie Erickson

Fall is such a special time for our organization and this year felt like a major milestone since it was the first meeting we have had in person since 2019. We were able to reconnect our membership back in Sun Valley where we could collectively obtain CE and network. The Sun Valley crisp fall air and beginning of the leaves changing reminds us every year of the changes within ISHP and welcoming new members to the Board of Directors.

The educational tracks provided at the fall meeting seemed like we hadn't skipped a beat. I was overwhelmed with pride in the work of our education committee, with a special thank you to *Leslie LaMontagne, Anna Hoenke, and Caroline Merritt* for their diligent leadership that allowed us to meet in person again.

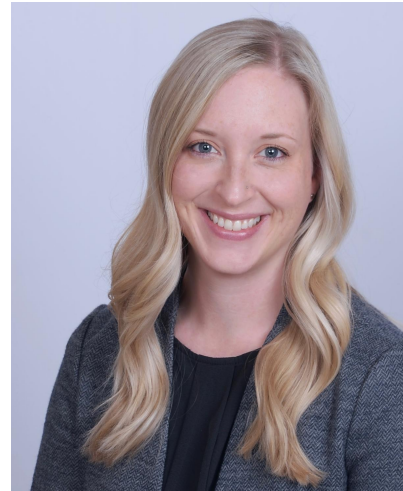
For many students and residents this was the first in person meeting they have attended, and I've heard inspiring feedback from our membership about the educational takeaways from our student track as well as the quality of our resident speakers. Not to mention – an impressive showcase of student and resident posters!

My personal favorite part of the meeting is the awards. We will discuss award winners throughout this newsletter, but I love to be able to recognize our colleagues for the great work they have been doing. This part of the meeting always feels to me like we are at the Grammys and get to witness your favorite performer, who you've been cheering for, finally get a win. Our organization is one where our membership supports one another, and these celebrations of other's accomplishments is vital.

Over the past year, under the leadership of Past President *Andrea Winterswyk*, membership of our organization worked to create a new logo that was unveiled at the fall meeting and met with excitement of a new chapter for our organization. This is part of a multi-year rebranding approach for ISHP that was preceded by work conducted by I-LEAD fellows to revamp our organization's mission and vision:

- **Mission:** To optimize patient outcomes through the support and promotion of pharmacy professionals as essential members of the healthcare team.
- **Vision:** ISHP is the leader in the development of and advocacy for Idaho pharmacy professionals.

The new mission and vision helps guide all of the work we do and was the foundation for our Board of Directors strategic planning session held on November 1st, 2022. Our organization's strategic objectives for the 2022-2023 year still need final approval from the



Board of Directors but the overarching concepts tie directly within our mission and vision with priorities around (I) Professional Development (II) Advocacy and (III) Membership and Sustainability:

1. **Professional Development** focuses directly on the development of our membership. Emphasizing the educational needs for our spring and fall meetings but also being able to incorporate additional offerings across the state to be more inclusive of our entire state.
2. **Our advocacy** work this year is planned largely around educating the new legislature but also our membership so everybody is supported in being able to communicate with legislators.
3. **The Membership and Sustainability** priority is a focus on how we best reach the full potential of our membership. We have called this section Membership and Sustainability because there are still some financial pieces of the work we didn't want to lose sight of, but at the core of our organization is our membership.

As we emerge back to in person meetings, with a new mission, vision, and logo we have an opportunity for a fresh start. I hope you will join us for a year of continued professional development and advocacy for our amazing profession!

ISHP BOARD NEWS

Executive Director's Message

From ISHP Executive Director, Caroline Merritt

Thanks to everyone who reunited with us in Sun Valley for our annual Fall Meeting! This meeting marked our first time back to Sun Valley since the start of the COVID-19 pandemic. With over 100 attendees and strong support from our industry partners, the meeting was a great success!

Once again, the ISHP Education Committee put together a great program with tracks for pharmacists, technicians, and students. In addition to the educational opportunities, there was also plenty of time for networking and getting to know your fellow pharmacy professionals during the reception and the breaks.



After many months of planning, ISHP unveiled a brand new logo in Sun Valley. To celebrate our new look as well as our return to in-person events, ISHP offered all registered attendees a complimentary travel mug featuring our new logo! If you didn't attend the Fall Meeting, you may still purchase an ISHP mug at <https://ishp.wildapricot.org/ISHP-Store>.

If you're planning to claim CE credit for the meeting, please make sure you've submitted the required tests and evaluations by November 22, 2022. After this date, ACPE will not allow attendees to claim credit, so be sure to complete all the required steps in the next few weeks.

If you've never attended an ISHP conference, please consider doing so in 2023. We will announce the date of our ISHP Spring Meeting in Boise shortly. We're planning to return to Sun Valley for our 2023 Fall Meeting, so look for that date soon as well. Our conferences and the sponsorships we receive from our industry partners support the work of ISHP all year long, so we encourage you to participate.

Thanks for your continued support of ISHP!

ISHP Education & Programs

*From Education & Programs Chairs:
Leslie LaMontagne & Anna Hoenke*

First off we want to thank everyone who attended our first fall meeting back in Sun Valley after several years away. It was great to see everyone in person and overall feedback from the conference has been positive.

Attendance at the conference was on par with those prior to the pandemic and we were excited to have continued interest in both the technician and student tracks.

In terms of location, Sun Valley continues to exceed expectations. The renovations are well past completion and the fall foliage made for a tremendous backdrop for our three days of continuing education activities.

As we pivot toward the Spring meeting we are still trying to pin down both the location here in Boise and the dates.

Currently we poised to bring back the popular precepting focused track, possibly the Friday of the conference with multiple CE's and active learning opportunities. In addition, we hope to continue to provide separate pharmacist, technician and student tracks to ensure we are providing the most value for you.

As soon as we know we will be sending that information out via email and on our social media accounts! If you have any topics you would like to see at the conference or if you would like to be a part of the planning please reach out to ishpcontact@gmail.com. We would love to have you as part of our education committee.
Thanks, Leslie and Anna



BUSINESS MEETING HIGHLIGHTS

2021 - 2022 Highlights

From Immediate Past ISHP President: Elaine Nguyen

The 2021-2022 ISHP term year culminated in a successful Fall Meeting, thanks to the contributions of our Board of Directors, volunteers, and members. This past year was another impressive and busy year with significant efforts made towards the goals outlined in our strategic plan. Highlights include:

Sustainability

- Conducted an annual membership and educational needs assessment, and continue to use the results to inform our offerings and programming
- Established a new logo as part of a multi-part effort within ISHP, including to create a consistent communication approach from ISHP
- Developed a corporate sponsorship mentorship program (to be rolled out in 2023), and continue to explore other diverse revenue opportunities



Professional Development

- Hosted the return of our in-person Fall Meeting!
- Launched a student networking program – please sign up!
- Sought out educational programming to address diversity, equity, inclusion, and access
- Celebrated the achievements of outstanding colleagues (during the awards presentation)!

Advocacy

- Created a legislative agenda in December 2021
- Engaged with stakeholders on topics such as Medicaid payment for services and white bagging – this work will continue as we enter into the upcoming legislative session

ISHP Budget Update

From ISHP President-Elect: Ianitza Bankova

After a very strained couple of years that forced us to move away from in-person meetings and a feeling of being disconnected from our members across Idaho, I must say that things are looking up for ISHP. As we've returned to in person meetings and increased member involvement, as evidenced by a very strong turnout at our recent Fall Conference in Sun Valley, we are now seeing a glimmer of hope.



Below is our updated year to date (YTD) budget. It is of course important to note that although our net income looks large at the end of Sept 2022, our major revenue-generating events for the year have passed while monthly expenses will still continue. As such our final net income for 2022 is unlikely to be quite as impressive as shown below, but still improved from previous years.

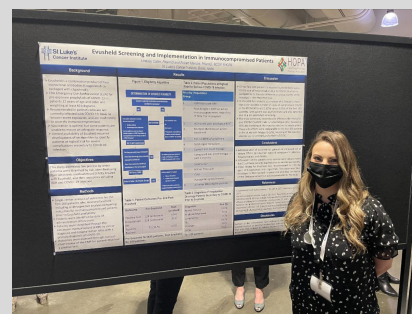
Year	Income	Expenses	Net Income
2019 End of Year	\$127,198.40	\$98,219.80	\$29,175.96
2020 End of Year	\$46,373.16	\$55,652.22	(\$9,279.06)
2021 End of Year	\$31,497.36	\$52,868.74	(\$21,371.38)
2022 YTD (Jan-Sept)	\$96,556.82	\$43,946.25	\$52,610.57

We are in process of finalizing the 2023 Budget which will plan for continued in-person meetings and robust member involvement! Lots of opportunities to come so remember to [RENEW YOUR MEMBERSHIP](#) if you haven't already, and encourage your friends and colleagues to join us as well!

Anyone interested in joining the Finance Committee or with questions/suggestions to share is encouraged to reach out to ishpcontact@gmail.com.

Idaho Pharmacy Research & Education

Thank you to everyone that took part in the raffle at the Sun Valley conference. All proceeds went to our Idaho Pharmacy Research and Education program, IPREF, which helps support everything from quality improvement projects and research to helping with the travel expenses of ISU students competing in the national patient counseling competition. For those of you wanting to help donate to IPREF, we do have some information available on our website about IPREF and there is a place to donate: [IPREF](#)



MEMBER AWARDS

Excellence In Service Award

Past ISHP President, Kent Quickstad was honored with the Excellence in Service Award, which will now be renamed the Kent Quickstad Excellence in Service Award, in honor of Kent's longstanding commitment to ISHP and Pharmacy in Idaho.

From the nomination:

Kent has been a long-standing member, contributor, and leader of ISHP and the pharmacy profession. While his contributions are countless, some highlights include serving as our Newsletter Editor for almost 30 years. In this role, he captured and helped disseminate the happenings of our organization. He served as Board President from 1994-1996, and led our organization's transition to be more inclusive with a name transition from the Idaho Society of Hospital Pharmacists to the Idaho Society of Health-System Pharmacists. Kent's legacy persists as ISHP leadership continues to work to foster inclusivity. Even in his retirement, he continues to serve us all by providing mentorship to ISHP leadership. Kent has embodied selfless contribution to ISHP and is the natural first recipient of the newly named Quickstad Excellence in Service Award.



Oswald Tabbed as Pharmacist of the Year!

Past ISHP President, Chris Oswald, was awarded Pharmacist of the Year during the ISHP Business Meeting at Sun Valley.

From the nomination:

Chris has been an extraordinary leader in pharmacy practice in Idaho and ISHP. He is a two-time president of ISHP, serving in both 2016 and 2020. This alone is a tremendous indication of his selflessness and commitment to the profession. His dedication persists as he currently serves as I-LEAD faculty. In this role, he develops future pharmacy leaders across the state. In his day-job, he serves as the Pharmacy Operations Manager and PGY-1 Pharmacy Residency Coordinator at St. Alphonsus Regional Medical Center, also continuing to lead and develop leaders.

Since moving to Idaho to pursue residency, he has always been active in the profession and involved in ISHP. His ability to connect with others and his own personal commitment to give back to pharmacy is exceptional. Given his years of ongoing commitment, it is surprising he has not previously been recognized as ISHP Pharmacist of the Year - a recognition that he has long been more than worthy of!

He continues to be an invaluable resource to ISHP leadership. The profession and ISHP are tremendously grateful that he has chosen to practice and share his time, knowledge, and leadership with all of us. Thank you Chris!



Hastings Recognized Tech of the Year!

Pharmacy Technician, Cheyenne Hastings, was awarded Pharmacy Technician of the year for 2022. Cheyenne just finished her Certificate in Organizational Leadership with I-LEAD and also serves as Pharmacy Technician Supervisor at the St. Luke's Cancer Institute.



From the nomination:

Her Commitment to Pharmacy: Cheyenne has had an incredible year. She transitioned from her lead technician role with Walgreens to St. Luke's with the hope of gaining more experience. With that, she jumped in to help out wherever she could. She first joined the St. Luke's Cancer Institute - Meridian where she became the lead tech for that site helping train new technicians.

Her Commitment to Others: Cheyenne also devoted many of her off days to helping administer COVID vaccines at our clinics, every week, for the entire year.

Her Commitment to Leadership and the Profession of Pharmacy: In addition, she was accepted into I-LEAD where she helped the fellows develop strategies around ISHP's electronic communication structure, in addition to multiple other ISHP projects along the way. At St. Luke's she leaned in to create a system wide communication platform for the technicians so that they could reach out for help during drug shortages and other project implementations. Cheyenne also volunteered to travel to other sites to help train their teams on new safety initiatives, like the implementation of the closed system transfer device (Equashield).

Overall, Cheyenne has exemplified what it means to be a part of ISHP and to advance the profession of pharmacy, unselfishly and with full commitment.



2022 Award Winners

Here is the full list of award winners of the ISHP Awards and Poster Competition Winners at the Fall Conference Business meeting.

2022 ISHP Award Winners

- **Pharmacist of the Year** – Chris Oswald
- **Technician of the Year** – Cheyenne Hastings
- **Pharmacy Innovator** – Tyler Hemsley
- **Student Leadership** – Zachary Larson
- **Excellence in Service** - Kent Quickstad

2022 Poster Competition

Resident Posters

1. **First Place** – Anthony Batiz
2. **Second Place** - James Parrish
3. **Third Place** - Caden Alder

Student Posters

1. **First Place** – Madison Kalke
2. **Second Place** - Jaret Koudelka
3. **Third Place** - Wendy McConnell

[For a full listing of 2022 Winners along with photos and Poster descriptions](#)

Hoenske Named to Idaho Board of Pharmacy

ISHP is excited to announce that [Anna Hoenske](#), current ISHP Education Chair and past I-LEAD Fellow, has officially been named to the Idaho Board of Pharmacy by Governor Little.

Anna has been a champion of improving patient care through the advancement of pharmacy practice ever since she arrived in Idaho as a Pharmacy Resident at Eastern Idaho Regional Medical Center in 2017.

After her residency she joined Kootenai Health in Coeur d'Alene, Idaho, as a clinical pharmacist eventually being promoted to the Residency Program Director in 2020. Currently Anna is helping establish pharmacy practice in the Emergency Room as an Emergency Medicine Pharmacist at Kootenai.

Please help us congratulate Anna on this tremendous achievement!



ASHP House of Delegates Update

*From ASHP Delegates for Idaho:
Audra Sandoval & Paul Driver*

The two delegates from Idaho, Audra and Paul, reviewed 7 polices for a virtual vote to approve or disapprove. The Virtual HOD meeting took place during the week November 10-18. The Polices under consideration are:

- **Removal of Injectable Promethazine from Hospital Formularies** (Update policy from 2018)
- **Therapeutic indications for Prescribed Medications** (Update and combine policies from 2003 & 2021)
- **Pain Management** (Update policy from 2017)
- **Pharmacist's Leadership Role in Glycemic Control** (Recommended to DISCONTINUE this policy from 2017)
- **Unit Dose Packaging Availability** (Update policy from 2018)
- **Standard Drug Administration Schedules** (Update policy from 2007)
- **Qualifications and Competencies Required to Prescribe Medications.** (Update policy from 2012)

The changes to these polices are to update and align them with current standards of practice as well as be forward thinking in practice. One of the 7 polices is recommended for discontinuation. In order for the polices to be approved as presented, it will require an 80% pass vote to occur from all of the delegates. If it does not meet that threshold, they will be discussed in the June 2023 HOD meeting in Baltimore MD.



If any members have comments or any thoughts on these or any other polices of ASHP, please contact Audra or Paul. ishpcontact@gmail.com

ASHP House of Delegates

ISHP is currently accepting nominations for our next Idaho delegate to the ASHP House of Delegates, the ultimate authority in establishing the professional policies of the organization. Idaho elects two representatives on a rotating basis to serve a two-year term to the ASHP House of Delegates (HOD) and will represent the ISHP on proceedings impacting the pharmacy profession nationally.



Nominated ASHP members will be added to the ASHP Delegate Ballot for Idaho and will be voted on via electronic ballot in December. ISHP opened delegate nominations at the ISHP Membership Meeting during our Annual Fall Meeting and will continue to accept nominations through Wednesday, November 30th, 2022. Please nominate your colleagues by sending an email to ishpcontact@gmail.com. Self-nominations are welcome!

ODDS & ENDS

New ISHP LOGO Mugs Now Available

ISHP has a new logo and a new Mug!

Many of you have reached out to ask where you could get a hold of one of those [Contigo Travel Mugs form ISHP](#). The good news is that they are now available for purchase on the ISHP Website store.

What better way to show off your commitment to advancing pharmacy in Idaho! Get your ISHP 2022 mug today!



[ISHP Store](#)

Obtaining CE Credits

Deadline for Obtaining Fall Conference CE Credits

A huge thank you to everyone that was able to join us for the ISHP Annual Fall Conference held earlier this month. Please be sure to complete all required post-tests and overall meeting evaluations in order to obtain CE credit.

Post-Conference Tasks:

For those of you wanting to claim your ACPE ce credits, please be sure to:

1. Complete the post-tests and evaluations - [via Lecture Panda \[lecturepanda.com\]](#)
2. Deadline to claim CE - November 22nd!

Be a Part of PMMP: Experience the Benefits of Sharing Your Knowledge and Experiences

Last spring, ISHP announced a new Pharmacy Mentorship Match Program (PMMP) that looks to match pharmacist mentors in various practice settings with interested student pharmacists.

PMMP participants get the opportunity to give back to the profession, sharing knowledge they wish they would have known when they were students, and serving as a role model to the next generation of pharmacists.

The effort you put into mentoring also pays you back in so many ways. Many mentors say that they often feel like they got more out of the interaction than the students since the act of giving and sharing your knowledge often helps to reduce burnout and stress you may be experiencing in your own work. Essentially filling your bucket, if you will.

We know our pharmacist members will have much to offer the future of our profession and we hope that you will apply to serve as a mentor.

Pharmacy Mentorship Match Program (PMMP) Mentor Application

If you are interested participating in the ISHP Pharmacy Mentorship Match Program but have additional questions, please contact us at ishpcontact@gmail.com



ISU News

ISU Career Fair Builds Connections

The Idaho State University College of Pharmacy Career Fair was held this past October 27th and 28th at their Meridian and Alaska campuses. ISHP representative Brett Baerlocher helped set up the event which brought together Pharmacy recruiters, Residency Program Directors, and Pharmacy Students, from across Idaho and the west.

ISHP President, Katie Erickson, was there meeting with students during the Thursday morning exhibit hall. She noted that they had a good mix of students stop by. Everyone from P1's to P4's said Hi and found out ways to get involved, which will help with their career and help advance pharmacy practice across Idaho.

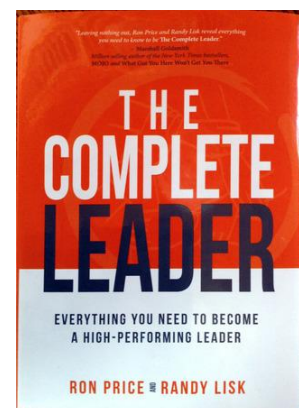
For more information - [ISU Pharmacy Fair Site](#)



I-LEAD

Fellows Strive to Become Complete Leaders

The 2023 Class of I-LEAD Fellows wasted no time in tackling tough conversations and building leadership self awareness following their Leadership Retreat held during the ISHP Fall Conference in Sun Valley earlier this fall. I-LEAD Coordinator, Lindsay Crawford, has been taking the group through [The Complete Leader](#) by local author, Ron Price, which examines everything from developing self-awareness to goal planning and beyond. You might remember his earlier book that I-LEAD previously reviewed that was co-authored by Stacy Ennis called [Growing Influence: A Story of How to Lead with Character, Expertise and Impact](#), which remains a favorite of past I-LEAD fellows.



Quarter 1: Leading Self finishes in November with the group then transitioning to **Leading Others in Quarter 2** In this quarter fellows will review leadership theory and developing culture as they begin to diagnose what makes a great team and how can they make an impact to help promote safety, belonging and purpose.

I-LEAD Class of 2023

- Jose (Cheo) DeSoto, CPhT - Mountain View - Idaho Falls
- Megan Koyle - PharmD VA Boise
- Charlene Harper, CPhT - Saint Alphonsus Nampa
- Halyna Hill, CPhT - Mountain View - Idaho Falls
- Megan LaCrone, PharmD - Saint Alphonsus Boise
- Alaka'i (Maui) Montalbo, PharmD - Magellan Rx - Mtn Home

[More info on I-LEAD](#)

[Class of 2022 webpage](#)

[Class of 2023 webpage](#)

We Want to Hear From You



If you would like to learn more about getting involved with ISHP, or have questions about mentoring, obtaining CE, or other ISHP programs, please reach out to us at ISHPcontact@gmail.com

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