

# ISHP Newsletter

Volume 25 #1

February 2015

**Idaho Society of  
Health-System  
Pharmacists**  
Newsletter Volume 25 # 1



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## **President's Message** *What are we all about?*

**Debbie Rothstein**



I wasn't interested in joining the organization because I didn't see the advantage of being part of a larger group when I was in pharmacy school. Besides, there were publications and other resources for CE credit.

Then one day a former classmate mentioned that she was going to Sun Valley to participate in the ISHP fall conference. She suggested that I go with her to see for myself what ISHP was about. That sounded like fun so I registered for the conference and in so doing found that I had joined ISHP.

The conference provided me with new information and an opportunity to interact with pharmacy professionals. The best part was that it provided me with some lasting friendships that are still part of my life today.

The next year I was working and I couldn't get time off to attend. I couldn't see any reason to keep up my membership in ISHP if I couldn't attend the conference. What I failed to realize then was that my absence and membership fees were being missed by ISHP. I didn't know at the time that the fees not only helped support the conferences they also helped with the costs of the newsletter, the ISHP office, the management staff and the activities that connected ISHP to ASHP. Thereafter I renewed my membership annually.

(Continued on page 2)

**2014 – 2015 ISHP  
Officers and Directors:**

- President:  
Debbie Rothstein
- President-elect:  
Chris Oswald
- Past President:  
Angela Melbihess
- Secretary/Treasurer:  
Dawn Berheim
- Administrative Affairs:  
Scott Milner
- Education:  
Brandon Griffith
- Programs:  
Lindsay Kaster
- Legal & Public:  
John Sullivan
- Professional Affairs:  
Josh Ingram
- Student Representatives:  
Justin Bell
- Technician Representative:  
Megan Echevarria
- Executive Director:  
Teri Ottens

(President's message continued from page 1)

A whole new world opened up for me because of my active membership in ISHP. I became part of a world of like-minded professionals with links to pharmacy resources, new ideas and travel. I found my second pharmacist job through my contacts in ISHP. My annual membership gave me so much more than I paid for. At one point I decided to give back to ISHP. I volunteered to serve on the Education and Manpower committee, and after that I became the Secretary-Treasurer for three years. That was 25 years ago and I am still finding reasons to give back to ISHP for all that it has offered me...the most important of which is the multitude of friends and acquaintances who continue to be an important part of my life.

You too can have the benefit of the professional connections, CE conferences, and longtime friends that so many have enjoyed as a result of their ISHP connection. Do as I did so many years ago, encourage one of your friends to go to one of our conferences. Open up the doors of ISHP to them and please don't let your membership lapse. It costs less than 35 cents a day.

Hope to see you and one of your colleagues at the Spring meeting,

*Debbie*

***The mission of ISHP  
is to promote the highest levels  
of pharmacy practice by our members***



**ISHP Fall Meeting**

**September 25, 26 27<sup>th</sup>, 2015**

**Sun Valley, Idaho**



*And from your Education Group.....*

*ISHP Spring meeting 2015*



We are excited for our Annual Spring Meeting on April 11 – 12<sup>th</sup> at St. Luke's RMC in Boise. This meeting will have several world-renown experts, such as Dr. Philip Anderson, speaking about the new changes in classification of medications for **Pregnancy and Lactation**, as well as Dr. Gerard Barber's exciting new topic of **Antimicrobials** now and into the future. We will also have several experts discussing the latest in <USP> **797 and 800**, and **Law** (to cover all of your basic CE requirements), and the continually requested update in **Psych Medications**. We will also be discussing the latest trends in **Medication management**, including **Medication Reconciliation and Transitions of Care**, as well as **Pain Management** in a changing world. On line registration is now available thru the ISHP website:

<http://www.ishp.shuttlepod.org>

In other news, we are also very excited to announce our very first **Preceptor Development Workshop**, a 3-hour workshop held the day prior to the Conference, on **Friday, April 10<sup>th</sup>, from 2pm – 5pm**. We are partnering with Idaho State University to bring this new service to our members.

*Lindsay Kaster*

*Brandon Griffith*

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**IDAHO PHARMACY RESEARCH and EDUCATION FOUNDATION**

Angela Melbihess  
ISHP Immediate-Past President

The two ways to participate with the Idaho Pharmacy Research and Education Foundation (IPREF) are to apply for a research grant, or support the foundation with your much appreciated donations.

The purpose of IPREF is to improve the knowledge base and skills of Idaho pharmacists and technicians. We advance the practice of pharmacy through research and education in order to improve health outcomes of Idaho residents. The Foundation promotes the collaborative role of the pharmacist as an integral component of the health care team.

Core programs and services of the Foundation include the following activities:

- Education sessions, skill workshops, opportunities for information sharing and practice advancement
- Research project initial sponsorship
- Promotion and advocacy of pharmacists as an equitable component of health care teams

Now, more than ever, your support of the Foundation will help ensure that Idaho patients enjoy optimal drug therapy and know that their pharmacists are a vital part of quality health care in Idaho. For more information about IPREF or to make a tax-deductible donation to the foundation, visit the "Donate to IPREF" tab on the website homepage or contact Teri Ottens, ISHP Executive Director, or myself.

*Angela*

# Legal and Public Affairs Update

John Sullivan



The 2015 Legislative session is in full swing. As mentioned in the August newsletter there are several additions and changes to the Code and Rules of the Idaho State Board of Pharmacy. All rules have passed through the House Health and Welfare Committee and will be in effect at the end of the Legislative session. Here are the highlights by docket number:

- 27-0101-1401 – Biosimilars – rule allows for substitution by a Pharmacist. This rule presentation included comments by those supporting and opposing it. There will likely be more to come as the Biosimilar market grows.
- 27-0101-1402 – Outsourcing facilities – definition, fees and regulations.
- 27-0101-1403 – Compounding rules – These are the rules initially presented during the 2014 Legislative session with a few minor changes.
- 27-0101-1404 – Several topics in this docket
  - Foreign graduates – further defines requirements for consideration of licensure.
  - Technician licensing – attaches the renewal for technician in training to the person. This was previously pharmacy specific allowing for multiple renewals if the person moved locations. Renewal is limited to two renewal periods.
  - Labeling requirements – Further defines for special situations, more specifically veterinary patients and epinephrine for schools.
  - Repackaging – Allows for pharmacies to repackage previously dispensed medications into unit dose packaging pursuant to specific requirements.
  - Controlled substance inventories – Annual inventories must be completed no later than 7 days after the previous year's inventory allowing the date to be moved to an earlier time if needed.
  - Immunization program – emergency kits may now contain epinephrine not in the auto-injector form.
  - Non-Resident Pharmacist standards – Establishes rules for Idaho licensed Pharmacists who work in pharmacies out of state sending medications into Idaho.
  - Pharmacy security – revisions to building requirements
  - Pharmacy authorized entry – provides language around what is allowable in a Pharmacist's absence.
  - Tele pharmacy – revisions to technician staffing requirements in remote locations, specifics to audio/visual requirements, and security.
- 27-0101-1405 – Drug distribution – Defines who can and cannot distribute legend drugs in or into Idaho. There are some specifics on documentation requirements that should be reviewed if you are not familiar with this item. This rule also allows for some non-sterile compounding for office use, which was previously included in the compounding rules.

There are six bills due for their 3<sup>rd</sup> reading before the House on 2/9/15. They include:

- RS 23196 Controlled substance registration – allowing the board the ability to enforce stipulations
- RS 23248 Update to the schedules of controlled substances – added tramadol and parampanel
- RS 23208 Update to electronic order entry – enabling this process for nursing home providers
- RS 23197 Background checks – improving the fingerprint turnaround process

- RS 23222 Prescription monitoring program – requiring a subpoena from a Judge when data is requested outside of the system
- RS 23223 Wholesalers – definition updates

Full documents are available for review on the Board of Pharmacy website:

[http://bop.idaho.gov/code\\_rules/](http://bop.idaho.gov/code_rules/)

and on the Idaho Legislative page:

<http://legislature.idaho.gov/sessioninfo/2015/standingcommittees/committeeminutes.htm>

Click on the Health and Welfare link under the House Standing Committee Minutes.

*John*

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## Administrative Affairs

### Scott Milner

Just as a reminder, we continue to review and update our Bylaws. The full Bylaws have recently been approved. Dawn Berheim has some suggested changes on the terms of the national directors which will be discussed at upcoming meetings.

Consideration is also being given to conducting a survey relating to how pharmacy's practice has changed over the past 10 years (i.e. collaborative practices, rounding, patient involvement). ISHP has access to an online survey tool that can be done at no cost to our membership. Stay tuned on this one.

As for the future of pharmacy, we are also looking at what training are we lacking for existing pharmacists. How can ISHP help our members prepare for the future? ASHP has just released their new edition of their Pharmacy Forecast (2015 - 2019) that provides projections on issues affecting pharmacy for the next 4+ years. Sign-up to get your copy at:

<http://store.ashp.org/Default.aspx?TabID=251&productId=329580884>



## Student's Corner

### **“So Justin, what’s going on around the College?”**

**Justin Bell**

*(Editor’s note – As I was asking our Board of Directors for input for this newsletter, I asked Justin, what was going on around the College of Pharmacy this winter and spring. Reading his reply I was impressed with all that they are doing. Please remember that they are going to classes and studying as well! As the students are supporting pharmacy and our patients, and we need to continue to support them as they are the future of ISHP and the future of pharmacy in Idaho. Strong work guys. Kent Quickstad)*



**ASHP Midyear:** This year at ASHP Midyear in Anaheim, ISU College of Pharmacy was recognized for the new development of our officially recognized SSHP, for being 1 of 4 national recipients of the student society development grant, and for being awarded the outstanding professional development project award!

**Clinical Skills Competition:** This year ISU College of Pharmacy was well represented by 2 of our top fourth year students Andrea Winterswyk and Allison Chamberlin. Andrea shares her experience, “It was such a great experience. With so many teams (127), it was a little intimidating at first, but once we saw the case was an infectious disease topic we were immediately relieved. Both Alison and I were lucky to have had a thorough ID rotation, and we felt confident in our ability to solve the case. I am thankful for the opportunity that ISU provided and it was a proud moment being able to represent our school.” ISU is grateful to have had the opportunity to be represented by this great team of students.

**National Patient Counseling Competition:** This week Idaho State University has been in high gear with stiff competition for the chapter portion of the 2015 APhAASP National Patient Counseling Competition. The competition includes a patient case with a new prescription that the student pharmacist must then counsel the patient on. About 15 students came out for the competition from both the Meridian and Pocatello sites throughout the last week of January. A panel of judges will review the videos and select our top 10 finalists. The top 10 receive prizes from APhA including research materials and online app subscriptions. The first place winner will receive \$500 towards their travel to APhA 2015 in San Diego, CA to represent ISU in the national competition. Results will be announced by February 12th, 2015.

**Spaghetti Feed:** The Idaho State University College of Pharmacy Professional Pharmacy Student Alliance (PPSA) will be hosting the 22nd Annual Spaghetti Feed & Auction on Friday, February 27, 2015. The event will be held in the Pond Student Union building ballroom from 6 p.m. to 8 p.m. Cost to attend is \$5 per person or \$20 per family of four or more. A student driven event, the Annual Spaghetti Feed, Raffle and Auction helps ISU College of Pharmacy students raise money to fund a variety of rural community patient centered outreach projects, for which ISU College of Pharmacy students have received national recognition. At least 25% of the event proceeds will be donated toward helping fulfill the dream of a local Make A Wish child. Prior to the event, the pharmacy student outreach organizations will be available to answer questions and provide a variety of free health screenings. Tickets may be purchased at the door the night of the event.

**Pharmacy Day at the Capitol:** On January 19th from 9am to 2pm pharmacy students and pharmacist came together to promote the field of pharmacy on the first floor of the Idaho State Capitol Bldg. Topics such as MTM, Ambulatory Care, PPMI, and Provider Status were presented to the public and state legislators. Each of the community outreach organization were represented and the sea of white coats in the rotunda made quite the impression upon all who came to see what pharmacy was all about. Thanks to Steven Kochman for all the hard work in organizing this event.

*Justin*



## ASHP House of Delegates Election Results

In December the ASHP National Delegate elections were held and we would like to congratulate **Elizabeth Thompson** and **Mike Dickens** as being elected as the **Idaho Representatives to the 2015 ASHP House of Delegates**. The House of Delegates is the policy making body of ASHP. Elizabeth and Mike will be representing Idaho when the House meets next June in Denver. For more information on the ASHP House of Delegates activities, please go to the [ASHP Delegate Webpage](#)

If you have any questions or issues that you would like addressed on the national level, please contact either Mike or Elizabeth.

Congratulations once again and the efforts of Mike and Elizabeth in representing ISHP are appreciated!

Mike Dickens                      [Itkonenfamily@msn.com](mailto:Itkonenfamily@msn.com) or [dickensm@slhs.org](mailto:dickensm@slhs.org)

Elizabeth Thompson              [thompse1@slhs.org](mailto:thompse1@slhs.org)



## NATIONAL POISON PREVENTION WEEK March 15 - 21, 2015

Mark your calendars now for National Poison Prevention Week, which is traditionally observed the third full week in March. The recurring theme is *“Children Act fast...So Do Poisons!”*

As in previous years, Idaho pharmacists, technicians, and students are teaming up with our partner, the Idaho Department of Health and Welfare (via 211 Idaho CareLine), to help educate our citizens about poison prevention. A formal notice (postcard) will be mailed to all Idaho registered pharmacists, certified pharmacy technicians, elementary schools, WIC clinics, daycares, and Head Start clinics during the month of February. ISU pharmacy students will receive an e-mail instead. Please **SAVE THIS POSTCARD**--it will direct you to a website from which you can obtain information about Poison Prevention Week and order materials for your classroom presentation.

Please consider teaching poison prevention to third graders in the school(s) of your choice. It is always fun, only takes about an hour of your time, and is much appreciated by the students and their teachers. This is a great opportunity for community outreach and will help prevent unintentional poisonings in our state's children.

For further information, please contact Les Gieselman at home (336-0065), work (381-2538) or via e-mail ([lgiesel007@aol.com](mailto:lgiesel007@aol.com)). Additionally national Poison Prevention Week information can be found at the following website: <http://www.poisonprevention.org/poison.htm>

Thank You!

Les Gieselman, Pharm. D.  
Poison Prevention Week Coordinator  
Idaho Society of Health-System Pharmacists



**From the ISHP Office**

**Teri Ottens**

**Executive Director’s Message**



The Legislative Session is in full swing and keeping everyone hopping! There are several rule changes and a couple of pieces of legislation that are moving through the process even as you are reading this newsletter. Most have been through the review process by the Board of Pharmacy and by our own Legal Affairs Committee. Below is a list of some of the items you will see on the docket this year. You can access the details of each item by clicking on the bill number.

### **PHARMACIES AND PHARMACISTS**

Controlled substances schedules III & IV amended .....	<a href="#"><u>H0009</u></a>
Death penalty, persons/pharmacies are confidential .....	<a href="#"><u>S1005</u></a>
Drug overdose, prescribe opioid antagonists .....	<a href="#"><u>H0108</u></a>
License applicants, criminal history check .....	<a href="#"><u>H0005</u></a>
Pharmacy Bd rules, registration, researchers, fines .....	<a href="#"><u>H0004</u></a>
Pharmacy laws, miscellaneous amendments, restrictions .....	<a href="#"><u>H0008</u></a>
Prescription drug orders, validity, transmission method .....	<a href="#"><u>H0006</u></a>
Prescriptions database, monitoring records, court order .....	<a href="#"><u>H0007</u></a>

To prepare for the session, as we always do, we held a joint legislative reception with the Idaho State Pharmacy Association, on January 19 at Beside the Bardenay in downtown Boise. We had about half of the House and Senate members show up and spent a good deal of time talking to them about the role of health system pharmacists and the difference from community pharmacists. At the time we had no pressing issues, so it was a night of socializing and letting our legislators know we are “real” people too!

Our thanks to the Idaho State Pharmacy Association (ISPA) for doing the bulk of the planning on a very successful event.

#### **Upcoming Education:**

In the ISHP office we have been keeping equally busy with the wrap-up of the 2014 Fall Conference and the planning for the Spring Conference. Please do not forget to mark your calendars for the 2015 Spring Meeting on April 11 and 12 at St. Luke’s Anderson Center in Boise and for 2015 Fall Meeting on September 25-27 in Sun Valley!

The Education and Program Committee decided this year to again sponsor a 2015 **Spring Poster Competition** for the Spring Meeting. The Spring Competition is getting bigger and bigger so make sure you get your posters in for judging! Please see the last two pages of this newsletter for the poster guidelines and abstract form.

*Teri*





**IDAHO SOCIETY OF HEALTH-SYSTEM PHARMACISTS  
ANNUAL SPRING MEETING – Boise, Idaho – April 11-12, 2015  
POSTER PRESENTATION GUIDELINES**



**DESCRIPTION:** A poster presentation is a visual display (on standard size poster board) of the author's research/project and gives them an opportunity to informally discuss their work with other meeting attendees. These presentations commonly include:

- *evaluative studies of completed original research, including new roles or services in pharmacy practice.*
- *descriptive reports of new, improved, or innovative roles or services in pharmacy practice.*
- *research-in-progress reports which permit the investigators to benefit from peer review before their research is completed.*

**FORMAT:** One author is expected to be available at their display throughout the Poster Session. Authors presenting a poster must provide the following components:

1. **Abstract:** Complete and return the attached "Abstract Form" and a typed copy of your abstract to the Chair of the Counsel for Professional Affairs via the ISHP office, by **April 3, 2015**.
2. **Display:** Authors must display their poster on a standard size poster board (3' x 4'). Poster boards are available from art supply stores for a nominal fee. Wooden easels **WILL BE PROVIDED** for all authors but display tables and poster boards will **NOT**. Authors are encouraged to use graphics to enhance or replace text whenever possible. The following information should be included in the abstract and displayed on the poster:
  - Title, name (s) of the author (s), and their practice/project site.
  - Statement of the project's hypothesis, purpose or objective.
  - Brief description of the methods, procedures, or key concepts.
  - Summary of the results obtained.
  - Statement of the conclusions.
  - Impact, if any, on current or future pharmacy practice.
3. **Printed Handout:** Handouts are optional, but strongly encouraged.

**Awards** are given to the top three (3) posters in each of the student/ resident, technician, and pharmacist categories.



**IDAHO SOCIETY OF HEALTH-SYSTEM PHARMACISTS  
ANNUAL SPRING MEETING – Boise, Idaho - April 11-12, 2015  
POSTER ABSTRACT FORM**



**TITLE:**

**PRIMARY AUTHOR:**

**ADDRESS:**

**TELEPHONE:**

**COAUTHORS:**

**CATEGORY:**  **TECHNICIAN**  **STUDENT**  **RESIDENT**  **PHARMACIST**

**TYPE OF PROJECT:**  **Evaluation study of completed original research**

**Descriptive report of new, improved or innovative role/service**

**Research in progress**

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**Abstract:** Abstracts must be typed and are limited to 120 words. A single paragraph is preferred. Use complete sentences and avoid using an outline form. Include a statement on impact or expected impact on pharmacy practice.

For Research Abstracts:

- One-sentence statement of the study's specific purpose
- Brief statement of the methods
- A summary of the results obtained
- A statement of the conclusions

For Non-research Abstracts:

- One sentence statement of the objective or purpose of the poster
- A brief description of the key concept (e.g. role, service, initial problem, or situation)
- A summary of the procedures or administrative actions
- The results and an evaluation of it in terms of the original problem or situation

Please complete the top portion of this form and attach it to your abstract (typed on a separate piece of paper). Handwritten abstracts are NOT accepted.

**When complete, please send this form and all attachments to the ISHP no later than April 3, 2015. Posters may be brought to the conference.**

***When completed, please send to:***

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