

Please be looking for a member needs assessment – We need your input!

# ISHP Newsletter

Volume 29 #2

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**Idaho Society of  
Health-System  
Pharmacists**  
Newsletter Volume 29 # 2



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## President's Message

**John Sullivan**



Spring is here! Hard to believe that half of the year has already gone by following the Fall meeting in Sun Valley. We hope that the **Spring meeting** was enjoyable to those that were able to attend. **A BIG thank you to all involved with putting together the educational programs**, which is no easy task. The weekend was a great time to visit with colleagues. I wanted to again say **thank you to our industry partners**, you play a huge role in the success of these programs. **Thank you as well to our Executive Director, Caroline Merritt**, for handling the logistics and bringing it all together.

As we look toward the second half of the year, there is a lot of work to be done. We have already begun to plan the **Fall meeting in Sun Valley**. We are working to bring together another great line up of topics and speakers. We will continue to focus on topics identified by you through our needs assessments. We appreciate your input, please keep it coming. In addition, we will be focusing on our **ACPE accreditation**, we have an annual review due at the end of September. There will be a lot of time spent to ensure that we maintain a good standing. We will also continue to focus on **member engagement**. During the Spring meeting we discussed our **committee opportunities**. **We need your input!** Please sign up to contribute to an area of interest. We have opportunities in:

- Education Committee
- Professional Relations Committee
- Grant writing
- ACPE accreditation review and compliance
- Administrative Affairs Committee

Please tell us where you would like to get involved by sending a message to: [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com).

Lastly, I wanted to say **congratulations to Nicki Chopski, the new Executive Director of the Idaho Board of Pharmacy**. We look forward to the continued partnership with the Board and are excited to have her in this role.

**2018 – 2019 ISHP  
Officers and Directors:**

President:	John Sullivan
President-elect:	Chris Oswald
Past President:	Rob Wills
Secretary/Treasurer:	Elaine Nguyen
Executive Director:	Caroline Merritt
Administrative Affairs:	Cassie Perdew
Education:	Lindsay Crawford
Programs:	Tyler Osgood
Legal & Public:	Katie Erickson
Professional Affairs:	Andrea Winterswyk
Student Representatives:	Meridian – Jose Parra Pocatello – Trevor Meldrum
Technician Representative:	Kathleen O'Dell
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Drew McMillan
Newsletter Editor:	Kent Quickstad
Website Chair:	Rob Wills
ASHP Liaison:	Anne Policastri

**EZ contact information:**

All of these Officers and Directors can now be reached at one place!

[ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)



*The mission of ISHP  
is to promote the highest levels  
of pharmacy practice by our  
members*



**ISHP Fall Meeting**

**October 11, 12 & 13**

**Sun Valley**

## ISU Pocatello and Meridian Fundraisers Another Great Success!

Over the past year the students at the ISU College of Pharmacy held three major fundraisers which were of great success. The first fundraiser, from the student led fall alumni phone-a-thon, generated \$13,645. We agreed to provide the Academy of Pharmacy Students fund (ST546) 50 percent of the generated revenue. \$6,822.50 was transferred to the fund. For the spring fundraisers in February we made a total of \$17,000 between the Pocatello Spaghetti feed and the Meridian Trivia night. \$2,800 was donated to Make-A-Wish Idaho. Way to go students!



Interested in Organizational Leadership?

Want to get more involved in ISHP?

Consider the [I-LEAD program](#)

Join the informal, no-host gathering at **Telaya in Boise on June 3<sup>rd</sup> 6:00-7:30** to discuss our last leadership book and the I-LEAD program with current fellows and some ISHP Board Members

Application deadline for 2019-2020 I-LEAD program: **July 15<sup>th</sup>, 2019**

## How about that Spring meeting?

Tyler Osgood and Lindsay Crawford  
ISHP Programs and Education Chairs

Thank you to everyone who participated in the **Spring meeting** in Boise last month! We received such positive feedback about the speakers, topics, and our new and **innovative hands on pharmacy portion**. This was a new method of education delivery centered on a small group format with a much more tangible approach towards presentations. Looking into the Fall meeting this is a format we are going to continue to incorporate.

**Trivia** was once again a huge hit among pharmacists, students and vendors with creative rounds of puzzles, dad jokes, name that band, and many, many more.

Do you think you can figure out the drugs by the pictures on the right?  
How about the band by the hint on the drums?  
What do you call a Ford that is taking Adderall?

Turns out the pharmacy students are pretty good at this and squashed the pharmacists. If you haven't got your fix this is your last chance with the upcoming Fall meeting. (*Just to be sure you got the right answers, see page 6*).

As a reminder, the **Fall meeting will be October 11- 13 at the Sun Valley Inn** in Sun Valley, Idaho. **A needs assessment survey to determine the topics for future meetings will be hitting your inboxes soon** – so please keep an eye out! This is to ENSURE we are including topics that you want to learn about.

Thank you for your continued support.  
See you in October!



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## ASHP House of Delegates



Each year, ISHP sends two Idaho pharmacists to the ASHP Summer Meeting to represent Idaho and Idaho pharmacy practice. These Idaho delegates will place key votes for national healthcare policy initiatives as well as propose new initiatives to improve our practice across the state. Paul Driver and Arielle Arnold (formerly Arielle Martin) recently attended the ASHP Regional Delegate Conference (RDC) in Phoenix in preparation for the full House of Delegates meeting in Boston next June. At the RDC, Paul and Arielle reported that there were productive discussions and debates over the various proposed policies. They encourage all of our members to review the proposed policies listed on the website and to contact them with any questions, concerns, or comments.

For more information about the ASHP House of Delegates, please see their webpage at:

[ASHP's House of Delegates webpage](#)



## Legal and Public Affairs

Katie Erickson

The Idaho Society of Health-System Pharmacist would like to welcome and congratulate **Nicole Chopski, PharmD, BCGP, ANP as the new Executive Director of the Idaho State Board of Pharmacy.**



This year continued strong with **changes to the Idaho statutes and rules.** Some of the major changes include:

- Expanded pharmacist prescribing for intranasal drugs to treat allergic rhinitis for, topical medications to treat acne, benzonatate for cough, agents for catheter occlusion, and additional medications for emergency kits (methylprednisolone, hydrocortisone, diphenhydramine, epinephrine, and normal saline).
- Prescriptions may omit the required drug information and directions if the prescriber clearly indicates the pharmacist is to finalize the drug therapy plan (i.e. pharmacy to dose).
- A prescriber may authorize a pharmacist to substitute a drug with another drug in the same therapeutic class.
- Much like mobile banking, an image of a prescription is now a valid means to provide a prescription to a pharmacy.
- Any references to the MPJE or Pharmacist in Charge were eliminated.
- Additionally, a multistate pharmacy licensure compact was created. This would allow pharmacists and technicians to practice in participating states with only one state license without the requirement of additional license fees, exams, or continuing education. This is ultimately dependent on other states joining the compact.

Changes slated for 2020 are still under consideration from The Board however may include expansion of independent prescribing and consideration paid to the Red Tape Reduction Act to reduce rules and regulations.

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### Dates to keep in mind:

**October 11, 12 & 13<sup>th</sup> – ISHP Fall Meeting – Sun Valley**

*Please note that we are meeting a little later this year to help you as well as ISHP save costs on attending and organizing this meeting.  
Thank you for your understanding!*



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### Trivia answers (from page 4):

- Ford Focus (Ford on Adderall)
- Ropinirole (rope-in-a-role)
- Metformin (Mets + Formin family)
- Ace of Base (ACE-inhibitor on base drum)



## Technician's Corner

Kathleen O'Dell

### *Technicians and I-LEAD*



For those of you who may not know about the I-LEAD program or what the I-LEAD program is, it is a program to help encourage and provide resources for more pharmacists and technicians in Idaho to pursue local, regional and national leadership opportunities. It is in its first pilot year spearheaded by Lindsey Hunt, PharmD, BCPS from the Boise VA.

The I-LEAD program has been a wonderful experience for me as a technician since day 1. It has opened my world up to so many wonderful things such as new contacts in the pharmacy world - both pharmacists and technicians alike, and has provided me with fantastic resources to help me grow and develop both personally and professionally. I think that my favorite experience as being a technician in this program is all of the progressive skills I have learned. I have stepped out of my comfort zone and done presentations, helped create a poster, as well as be the voice for the advancement of technicians on conference calls. I have been received with nothing but support and praise from not only my I-LEAD team members, but the presenters and strangers who have come along during our year. I feel as though the I-LEAD program is a great asset to being a technician and is opening door after door for me as I continue to grow in my career. I highly encourage all technicians to apply to be in the next group because I know they won't be disappointed!

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## And from the ISHP Office

### Executive Director's Message

Caroline Merritt

ISHP has already been busy this year, beginning with our Industry Spotlight Reception at Coiled Wine Company. Each year, this is a great evening for our corporate supporters and Board members to mingle and talk about the latest advancements in pharmacy. Thanks to all of our Board members and industry partners who attended.

On April 6-7, ISHP hosted our annual Spring Conference at Saint Alphonsus Regional Medical Center in Boise with nearly 100 pharmacists and technicians in attendance. Participation from our industry partners was strong and we'd like to thank all of our sponsors, including our Titanium Sponsor, Genentech. New this year, the Spring Meeting featured a pharmacy hands-on session which gave our attendees the opportunity to practice with equipment that they may not often utilize in their practice. Participants learned about penicillin skin allergy testing, diabetes devices, inhalers, and Narcan®. ISHP will continue to look for ways to make our meetings fun and interactive while providing the chance to earn required CEs.



I hope to see everyone at our Fall Meeting October 11-13, 2019 at the Sun Valley Resort.



# Spring meeting photos



## And on the lighter side:

