

ISHP Newsletter

Volume 31 #1

February 2021

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 31 # 1



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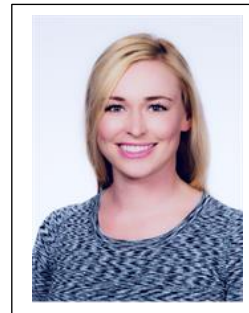
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President's Message

Winter greetings ISHP!

Andrea Winterswyk



I hope that everyone is doing well, staying healthy and keeping safe, while still managing to enjoy some of the excellent winter weather we have been having across the state. For those who are not so into the snowflake season, fear not, we are only a short time away from sunnier days with both daylight savings time in a few short weeks and spring on its way! I personally know my lawn and garden are quite confused from the 50 degrees and sunshine, to 20 degrees and snow, but I'm still hopeful for a beautiful spring here in the Gem State. I trust that tradition will hold true, and the incredible Idaho greenery will emerge from the winter as it always does.

Well, I must say, 2020 sure ended on a good note for our ambitious **ISHP Board of Directors!** We have been able to successfully re-energize our **Strategic Priorities and Goals for 2020-2021** (see page 6) with a focus to continue our efforts in the priority areas of Advocacy, Professional Development, and Sustainability. The changes were finalized and approved at our very first board meeting of 2021. There are several new objectives that are associated with each of these priorities and goals, and we are already busy working on achieving them. We are proud and excited to have implemented intentional components of Diversity, Equity, and Inclusivity into our strategic plan as we continue to grow as an organization. The complete Strategic Plan (with objectives) will be available for all to review on the ISHP website!

In our advocacy priority pillar, we have been making significant progress already during this busy and exciting legislative climate. The Idaho Legislative session started off well in January, and though COVID precautions changed the format of Pharmacy Legislative Day to a virtual celebration, the spirit of the event was alive and well. We continue to collaborate with Idaho State University College of Pharmacy and Idaho State Pharmacists Association to show a unified front for all pharmacy professionals within the state of Idaho. One aspect of our Advocacy efforts we are particularly proud of this year includes the development of a formal **Legislative Agenda** (see page 4).

(Continued on page 6)

**2020 – 2021 ISHP
Officers and Directors:**

President:	Andrea Winterswyk
President-elect:	Elaine Nguyen
Past President:	Chris Oswald
Secretary/Treasurer:	Nitza Bankova
Executive Director:	Caroline Merritt
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Technician Representative:	Annie Knudsen
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Vacant
Newsletter Editor:	Kent Quickstad
Website Chair:	Vacant
ASHP Liaison:	Anne Policastri

EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com



ISHP Meetings

Spring - March 5, 6 & 7th, 2021
(A virtual meeting)

Fall – October 8, 9 and 10th, 2021
Sun Valley

*The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members*

ISHP Spring Meeting...Still Virtual

March 5, 6 & 7, 2021



The spring meeting will be held virtually via zoom on March 5th, 6th and 7th. We are planning topics for pharmacists and technicians both days with a combined pharmacist and technician track on Sunday. Topics will include: **COVID management updates, law updates and special populations.**

In conjunction with the Spring meeting, we will be holding our **first preceptor development workshop on March 5th** featuring Dr. Seena Haines from the University of Mississippi talking about **well-being and resilience**. **Registration for the meeting is now open!** You can register for the meeting at:

<https://ishp.wildapricot.org/page-1863690>

Looking forward to this fall, we are planning a live, in-person meeting once again in Sun Valley. Meeting space in Sun Valley has been reserved and we are optimistic in the progress that is being made against the COVID pandemic. Mark your calendars – **October 8, 9 and 10th**. Encourage COVID vaccinations, continue with your masks, hand washing and social distancing. Working together, we can beat this thing!



Lastly, we got the results back from our **needs assessment survey**. The most common requests were for **preceptor development, having more hands-on education and to bring back in person education**. We are working on integrating the needs assessment responses into the Spring Meeting and are already looking forward to the using your input to help us plan the Fall Meeting.

Idaho Pharmacy Leadership Council (IPLC) Update

Over the past several months IPLC has been focusing their efforts on supporting pharmacies with COVID vaccination. To facilitate statewide communication and collaboration with pharmacy professionals, the IPLC has launched statewide email groups. These groups work like a Listserv where individuals can connect via email, ask questions, and share ideas/resources. To join an email group, email the facilitator. You can join multiple groups. Email groups cover the below topic areas:

COVID related topics – inpatient pharmacy	
Group email: IPLC-COVID-inpatient@googlegroups.com	Facilitator: Chris Oswald pharmeroswald@gmail.com
COVID related topics – community and ambulatory care pharmacy	
Group email: IPLC-COVID-outpatient@googlegroups.com	Facilitator: Shanna O'Connor shannaconnor@isu.edu
Billing and reimbursement for pharmacy services	
Group email: IPLC-reimbursement@googlegroups.com	Facilitator: Lindsey Hunt huntlind@isu.edu
Credentialing and privileging	
Group email: IPLC-CP@googlegroups.com	Facilitator: Katie Erickson Katie.erickson12@gmail.com
General pharmacy	
Group email: IPLC-pharmacy@googlegroups.com	Facilitator: Elaine Nguyen elainenguyen@isu.edu

Legal & Public Affairs

Lindsey Hunt

The Professional Relations Committee has been determining the legislative priorities for this unique legislative session with the help of our Executive Director and ISHP lobbyist, Caroline Merritt. The following is our legislative agenda:



1. **COVID-19 Response:** Pharmacists and pharmacy technicians throughout Idaho play critical roles in vaccination, screening, leadership, supply chain management, and direct patient care efforts related to COVID-19. ISHP supports maintaining the current emergency declaration to ensure that Idaho receives the federal funding needed to respond effectively to the COVID-19 pandemic

Help ISHP recognize your colleague's efforts: <https://ishp.wildapricot.org/page-1863752>

2. **Opioid Epidemic:** The COVID-19 pandemic and other factors have greatly impacted those with addiction worsening the current opioid epidemic. ISHP supports programs and policy that keep Idahoans with addiction safe while advancing access to medications and other services critical to addiction treatment (ex. buprenorphine).
3. **Medicaid Access:** Access to healthcare is essential especially given the current pandemic and subsequent income instability for Idaho families. ISHP supports fully funding Medicaid and opposes efforts that further reduce access to Medicaid or other affordable healthcare options in Idaho.
4. **Advance Pharmacy Practice:** Pharmacists continue to advance in roles that provide access to care, improve healthcare outcomes, and promote safe medication use. ISHP supports policy and payment models that support access and equitable payment for services rendered by pharmacist medication experts.

If you want to join in 15 – 30-minute Zoom sessions to meet with your legislators to share your pharmacy story and promote ISHP's agenda, then please contact ishpcontact@gmail.com

From the ISHP Office - Executive Director's Message



Caroline Merritt

Legislative Day at the Capitol

Although Pharmacy Day at the Capitol looked different this year, ISHP and ISU students collaborated with the Idaho State Pharmacy Association (ISPA) to host a successful event on Monday, January 18th. Lawmakers had the opportunity to get several vaccines and engage with students on their poster projects via Zoom.

ISHP will look for opportunities to speak with legislators via Zoom this session to discuss current challenges and opportunities in the pharmacy industry.

Caroline

ASHP House of Delegates



Each year, ISHP sends two Idaho pharmacists to ASHP House of Delegate meetings to represent Idaho and Idaho pharmacy practice. These Idaho delegates will place key votes for national healthcare policy initiatives as well as propose new initiatives to improve our practice across the state.

Paul Driver, a retired pharmacist formerly with St. Joseph Regional Medical Center, has been re-elected to serve as our newest delegate for 2021-2022. He will join current delegate Heather Walser at the upcoming virtual Regional Delegate Conference in April as well as the summer meeting in June.



Congratulations and THANK YOU Paul!

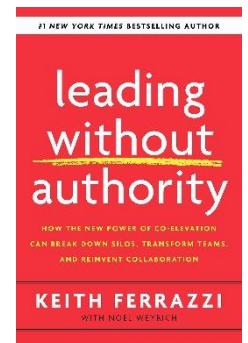
I-LEAD Leadership Corner



I-LEAD Quarter 2 kicked off this past December with a 3-month focus on Leadership of Organizations, specifically on the importance and utility of vision, mission, and values. Guest speakers have included Darren Blagburn (Idaho State University), Ted Marconi (Director of Mission Integration, Saint Alphonsus Regional Medical Center), and Christene Jolowsky (current treasurer and past president of ASHP), all sharing their experience and generating discussion in leading organizations and strategic framework. *Leading Without Authority* by Keith Ferrazzi was selected for the book club this quarter. For those that haven't read it yet, it aims to establish new work rules for a new work world through the main theme of 'Co-elevation'. The author defines co-elevation as a "mission-driven approach to collaborative problem-solving through fluid partnerships and self-organizing teams". There are eight rules discussed in the book, each with a story of how the rule is beneficial to the workplace, usable practices in how to apply it, and a new work rule approach to replace an old, antiquated approach.

Quarter 3 – Leadership of Self begins in March, led by Lindsay Crawford (Ambulatory Care Pharmacist with St. Luke's Nampa Medical Center, previous ISHP board member, and I-LEAD graduate).

Anyone wishing to learn more about the I-LEAD program should check out the website: <https://ishp.wildapricot.org/ilead> or contact any of the I-LEAD directors. The application period for this one-year leadership program opens up in May 2021.



Did you know that you can follow ISHP on Facebook and Instagram?

Yes! You can follow ISHP on Instagram at Idaho pharmacy and on Facebook at Idaho Society of Health System Pharmacists. Get up to date information about everything going on in the organization. You'll also find member spot lights, glimpses of upcoming events and much more. So, follow us today!



(President's message – continued from page 1)

Special thanks to **Lindsey Hunt, Mikaela Elwell, Caroline Merritt, and the Professional Relations Committee (PRC)** for their work on this important guiding document for the 2021 legislative session. With our Executive Director helping set up meetings with legislators and identify legislation impacting pharmacy professionals, we are working to ensure ISHP is active in making statements and taking positions on matters crucial to the both the organization, and to our members. Nationally, we have already joined multiple other state affiliate organizations in signing on to two separate letters with ASHP on topics impacting health system pharmacy: To then President-Elect Biden and his transition team, “Deploy Federal resources alongside hospitals and community pharmacist to vaccinate Americans”, and to Dr. Rochelle Walensky, General Gustavo Perna, and Dr. David Kessler, the “Need for Transparency in COVID-19 Vaccine Delivery Schedule”. Both final signed letters will be posted to the website for your review if interested. Finally, our **Professional Relations Committee** has also been active in recruiting for submissions highlighting Idaho pharmacy professionals for their outstanding role in the COVID-19 pandemic. We are thrilled to be able to spotlight the incredible work of these individuals across the state. More to come on the outcome of this project at the Spring Meeting.

Speaking of the **2021 ISHP Annual Spring Meeting**, it is right around the corner! We are proud to continue serving as an accredited ACPE provider. The virtual event is scheduled for March 5th – March 7th, and we have *quite* the educational offering this Spring. This includes a special pre-meeting Conference focused on Preceptor Development on Friday. Take a peek at the agenda to see more! A big thank you to our **Education Committee**, Directors **Leslie LaMontagne** and **Anna Hoenke** for all of their amazing work coordinating this event, and special recognition of **Eliza Borzadek** for her work organizing the Preceptor Development Conference. Of note, there will not be a formal Spring Member Business meeting this session, but we look forward to catching up with all of you for the “Business Side” of ISHP this fall!

Thank you for your continued support and engagement in ISHP. I look forward to seeing you all virtually in March! Until that time, stay safe and healthy!

Andrea

STRATEGIC PRIORITIES & GOALS 2020 – 2021

I. ADVOCACY

1. Facilitate legislative involvement and action among our members
2. Engage and advance ISHP's relationship with stakeholders
3. Promote interprofessional teamwork in improving the health outcomes of Idahoans



II. PROFESSIONAL DEVELOPMENT

1. Strengthen and organize processes for delivering educational activities
2. Provide opportunities for members to grow professionally
3. Increase recognition of pharmacy professionals in their efforts to improve patient care and advance pharmacy practice

III. SUSTAINABILITY

1. Foster communication with our membership
2. Grow and maintain an engaged and diverse membership
3. Effectively manage organizational infrastructure
4. Ensure long-term fiscal sustainability

Please see the ISHP website for the full strategic plan, including the specific objectives associated with each of the above goals!

Shout-out to Our Pharmacy COVID Champions!

In an effort to better identify the exceptional work pharmacy professionals are undertaking in the fight against COVID, ISHP has created an online recognition portal. This portal allows pharmacy professionals (students, technicians, and pharmacists) to nominate their peers for their contributions toward the ongoing pandemic efforts. From front-line care of the critically-ill, to administration of COVID vaccines, pharmacy professionals are answering the call to serve their communities throughout the state of Idaho. Shout-out to the following individuals who have been recognized through the portal thus far:

*Natalie Buening
Nicki Chopski
Kevin Cleveland
Taylor Dahmer
Joshua Gerving
Michelle Groves
Lindsey Kaster*

*Sarah McClain
Scott Milner
Shanna O'Connor
Tim Santos
Sabrina Sherwood
Cory Welch
Rob Wills*



If you would like to nominate a student, technician, or pharmacist for recognition, you may do so by accessing the portal through the ISHP website's COVID-19 Resource Center at:

<https://ishp.wildapricot.org/page-1863752>

PURCHASE 50/50 TICKETS & BINGO CARDS TO SUPPORT IPREF

ISHP is holding two fundraisers during our virtual meeting to benefit the [Idaho Pharmacy Research & Education Foundation](#) (IPREF). The proceeds go to helping IPREF support student scholarships, competitions, and research projects.



Annual 50/50 Raffle: Tickets are 1 for \$20, 5 for \$50, or 25 for \$100. The drawing will be held on Sunday morning and the winner will receive 50% of the ticket sales.

Conference Bingo: Don't miss this fun game of virtual conference bingo. Cards are 1 for \$5 or 3 for \$10. Fun prizes are available for the winners.

You may purchase 50/50 tickets and bingo cards during the registration process or email ishpcontact@gmail.com.



Student's Corner

DRIVE RX:



Drive-thru Idaho Vaccination Event; Doctor of Pharmacy Students Leading Charge for Safe and Distanced Health Promotion

James Parrish, Doctor of Pharmacy Candidate, Idaho State University (ISU), APhA-ASP Chapter President
Elise Capson, Doctor of Pharmacy Candidate, Idaho State University (ISU), APhA-ASP Chapter Operation Immunization Chair

Dora Aguayo, Doctor of Pharmacy Candidate, Idaho State University (ISU)

Caden Alder, Doctor of Pharmacy Candidate, Idaho State University (ISU), APhA-ASP Chapter Finance VP

Renee Robinson, PharmD - Associate Professor, ISU College of Pharmacy

Kevin Cleveland, PharmD - Assistant Dean and Director for Experiential Education, ISU College of Pharmacy

Student pharmacists from Idaho State University (ISU) completed a series of drive-thru flu clinics in Idaho. Events were held last fall in the Idaho cities of Meridian, Pocatello, Nampa, and Caldwell in partnership with The Idaho Immunization Coalition. People receiving their influenza vaccine were first screened for COVID-19 symptoms and then proceeded to a parking stall where they were administered a vaccine while staying in their vehicle. Everyone who wanted a vaccine was given one, even those without insurance, and regardless of age. The first people to receive their flu vaccine at the clinics were Idaho Governor Brad Little and First Lady Teresa Little and the ISU clinics administered over 1,000 vaccines in 25 hours during four events. The utilization of student pharmacists in immunization efforts not only improves vaccine access for the general public, but also serves as a unique opportunity for students to gain clinical experience, and to utilize their skills as trained immunizers. The success of these student pharmacist-led drive-thru clinics indicates that implementation of similar events may be beneficial as COVID-19 vaccinations become available to the public by increasing the workforce and expediting vaccination delivery.

Video of 1st event: <https://mediazilla.com/ZQ0somD3ag>



Idaho Governor Brad Little receiving his influenza vaccine from Elise Capson, a student pharmacist at the ISU Meridian Campus.



And more from the ISU students

Congratulations to ISU College of Pharmacy students James Parrish and Caden Alder. James and Caden won the ISU (local) Clinical Skills Competition and represented ISU at the ASHP (national) competition. The Idaho Pharmacy and Research and Education Foundation (IPREF) awarded them both \$100 for their success.



James Parrish



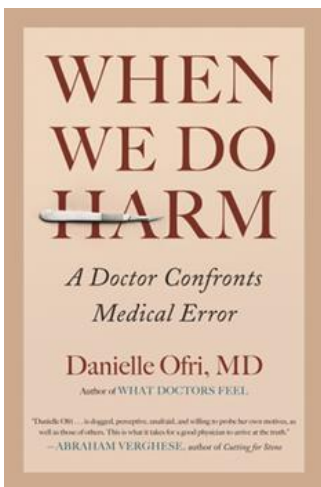
Caden Alder



Read any good books recently?

Have you ready any good books recently that you think your ISHP colleagues may enjoy? If so, please write up a brief review and sent it to Kent Quickstad, ISHP newsletter editor, at quickstad@msn.com We will include these in future editions of the quarterly newsletter. Thanks!

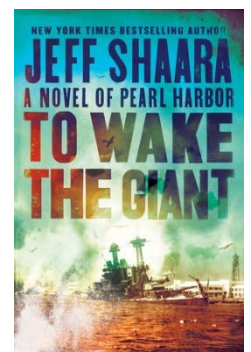
“When We Do Harm – A Doctor Confronts Medical Error” by Danielle Ofri, MD.



Published in 2020, Dr. Ofri, a clinical professor of medicine at New York University School of Medicine and a practicing physician at New York’s Bellevue Hospital, looks at several actual cases in which a series of medical errors resulted in patient harm. While largely looking at actions of physicians and nursing, medication errors are also brought up in this book. Dr. Ofri opens with the landmark 1999 Institute of Medicine report *“To Err is Human”* which addressed the scope of the problem then she goes on to discuss diagnostic errors, cognitive issues, racial bias, sexual double standards, typing errors and staffing issues all of which can impact patient safety. Dr. Ofri also advocates for safety interventions such as checklists, improvements to the electronic medical record, and cultural and cognitive shifts to help mitigate and minimize errors. Using real life cases, the impact of errors are brought down to a very personal level. Well worth the read for all of us who have concerns about the safety of our patients.

“To Wake the Giant” by Jeff Sharra – May 2020

And for those of you who enjoy some historical fiction, *“To Wake the Giant”* follows several actual people leading up to the December 7, 1941 attack on Pearl Harbor. From Tommy Biggs, a 19-year-old medical corpsman who enlists in the Navy and was stationed on the USS *Arizona*, to Cordell Hull, the US Secretary of State, to President Franklin D. Roosevelt, to Kichisaburo Nomura the Japanese ambassador to the United States, and in Japan, Admiral Isoroku Yamamoto, who largely planned the attack, this book brings the events leading to the attack down to a personal, painful, tragic and thrilling level. A very interesting, well written book that illuminates a crucial piece of history that we must not forget.



ISU College of Pharmacy Food Bank Fundraiser

Hello Everyone,

This year's P1 students at Idaho State University College of Pharmacy have launched a Food Bank Fundraiser to help both the Idaho and Alaska Food Banks.

We know 2020-2021 has been a difficult year for many. If you are able, please consider purchasing an apparel item to help support the P1 Fundraiser in raising funds so we can help as many people as possible.

For orders, please follow the link below:

<https://www.bonfire.com/isu-cop-class-of-2024-annual-fundraiser>

Sincerely,
Kiera Martin



Class of 2024

College of Pharmacy : Food Bank Fundraiser

All of us have seen the devastation COVID-19 and the subsequent lockdowns have brought to our families, our friends, and our communities over the last year. During this time, it has been exceptionally difficult for the food banks to receive donations. The P1 class has put together a fundraiser using the Bonfire platform in which all the proceeds will go to the Idaho & Alaska Food Banks.

 **BONFIRE**



For orders please follow the link below
<https://www.bonfire.com/isu-cop-class-of-2024-annual-fundraiser/>


****Design graphics may be slightly different in final products****

Short Sleeve T-Shirt	\$ 22.00
3/4 Sleeve T-Shirt	\$ 26.00
Pullover Hoodie	\$ 35.00
Crewneck Sweatshirt	\$ 33.00

Different colors available in apparel

Fundraiser will run from February 1st to March 8th

College of Pharmacy
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(208) 282-4597 | pharmacy@isu.edu



<https://www.foodbankofalaska.org/> <https://istabofalaska.org/>

ROAR