

Browse on down for some pictures from the fall meeting in Sun Valley!

ISHP Newsletter

Volume 25 #4

November 2015

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 25 # 4



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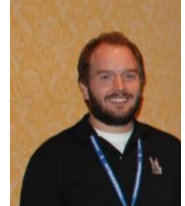
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President's Message

Looking forward to 2016

Chris Oswald



The mission of ISHP is to promote the highest levels of pharmacy practice by our members. Recently, I had the opportunity to attend the **ASHP Presidential Officers Retreat** which brought together several ASHP leaders as well as leaders from state affiliates across the country. We were able to share ideas and discuss both our organization's success as well as opportunities for improvement. And, this may sound a little bias, but **Idaho has got it going on!** We are a great organization with fantastic, energized members.

Coming off of the retreat, the ISHP leadership held its first official board meeting for the year. Prior to the meeting, I asked the board members to contemplate this question: "Why are you choosing to serve on ISHP's Board?" I asked myself the same question and the answer came almost immediately to me. I believe in our mission and know that we are capable of doing great things to improve both patient care and the profession of pharmacy in Idaho. We already have and have the history to prove it! And, as part of this organization's leadership, it is my responsibility to carry forward the needs and desires of the membership, to further our mission, and secure a sustainable future for ISHP.

ISHP has a great year planned ahead. From the November Board Meeting, we established several goals for the year, many of which you will see throughout this newsletter. We are increasing our presence at Legislative Day, our Spring Meeting planning is being finalized, we continue to maximize the Learning Express capabilities, and we are working to improve the utilization of the website. Not to mention, in September 2016 we will be celebrating 60 years of ISHP! There is much more in store and I am excited to see what ISHP will accomplish throughout the year. Again, we cannot do this without you, our members. If you have any ideas on how we can strengthen our organization, improve membership benefits, or would like to donate time in helping us achieve our goals, please contact us at ishpcontact@gmail.com.

Thank you for being part of ISHP and have a safe and happy holiday season!

Chris

**2015 – 2016 ISHP
Officers and Directors:**

President:	Chris Oswald
President-elect:	Lindsay Kaster
Past President:	Debbie Rothstein
Secretary/Treasurer:	Dawn Berheim
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Student Representatives:	Meridian - Dustin Stacey Pocatello – Sarah Iannacone
Technician Representative:	LeAnn Bolster
ISU College of Pharmacy Representative:	Rebecca Hoover
Northern Idaho regional Representative:	Steve Crenshaw
Central Idaho regional Representative:	Elizabeth Thompson
Information Technology Committee:	Jim Nuygen
Newsletter Editor:	Kent Quickstad
ASHP Liaison:	Beverly Black
ASHP Liaison:	Kimberlee Berry

EZ contact information:

All of these Officers and Directors can now be reached at one place!

ishpcontact@gmail.com



***The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members***

If you haven't renewed your membership....

Ask NOT what ISHP can do for YOU, ask what YOU can do for ISHP. Join ISHP today and share your expertise and talents with pharmacists across the state of Idaho. The future of pharmacy in Idaho depends on you!



Save the date!

ISHP Spring Meeting

March 4, 5 & 6th, 2016

Boise, Idaho



“Transforming the Future-Technology in Pharmacy”

Some of the features that will be included in the 2016 Spring Meeting include:

- ✓ Antibiotic stewardship workshop
- ✓ New technology in oncology care
- ✓ Management of drug shortages
- ✓ Antibiotic stewardship
- ✓ Medication errors and sterile compounding

Stay tuned for more details! Hope to see you in Boise on March 4, 5 & 6th!

Speaking of meetings...Wow, what a great one we had last September in Sun Valley



ISHP Pharmacist of the Year



CONGRATULATIONS to GREG FRIEDT who was honored with the ISHP Pharmacist of the Year award at the annual fall meeting of ISHP this past September.

Greg received his pharmacy degree in 1991 from the School of Pharmacy at North Dakota State University. He also started his career as a pharmacist at St. Luke's in 1991. From 1991 to 1999 Greg was both an inpatient staff pharmacist and an oncology satellite pharmacist on the inpatient oncology unit. When the Mountain States Tumor Institute (MSTI) began oncology services in Meridian in 1999, Greg joined that team to manage the pharmacy services. In Greg's tenure at St. Luke's he has served on the Institutional Review Board (IRB), the MSTI Clinical Practice Committee, the Pharmacy Education Committee, the MSTI Meridian Operating Council, and the MSTI BMT Operating Council. He has served as the chair of the Clinical Practice Committee and Co-Chair of the IRB. In 2010 Greg was honored with the St. Luke's Health System President's Award. Greg is known both inside and outside of St. Luke's as one who serves both patients and other health care professionals. His working relationship with

his oncology care team, especially nurses and providers, is based on both clinical expertise and trust. He is an important and constant collaborator in patients' cancer treatment. Please congratulate Greg on this latest recognition!

(Submitted by Dave Wilson)

ISHP Technician of the Year

Congratulations are also in order for April Outland as the ISHP 2015 Pharmacy Technician of the Year.

April graduated from Kootenai Dam High School ~1970, (she does not want to be more specific about the year!) and completed a Pharmacy Technician Training program after graduation. She worked in Washington at Our Lady of Lourdes Hospital (Pasco) and then for 16 years at Island Hospital (Anacortes) before coming to St Joseph's Regional Medical Center in Lewiston 7 years ago. April is a seasoned pharmacy technician and is a vital member of the team and a mentor for many new technicians and students. April is NEVER late and is very reliable. She takes care of the behind the scenes tasks that no one seems to know what shift or who takes care of them. She keeps the pharmacy organized and efficient. She is intelligent and finds ways to make the pharmacy run smoother and is also cost conscious.

April is a patient and thorough trainer. She coordinates the pharmacy technician student's clinical hours to make sure they are exposed to the most they can in the sort time they have here. She starts all new pharmacy technicians and pharmacists training with aseptic technique and product preparation. Additionally she is a Training Liaison for North Idaho Pharmacy Tech Training and LCSC Pharmacy Technician program Clinical training.

When you staff a shift with her you find yourself in the best possible hands. When you see her on shift you know that things will go well no matter how busy it can get and as a team you can safely take care of your patients. If you need something mixed she will have the label pulled and ready to go before you get the chance to ask her. You have to be quick to let her know if you are getting things set for the next day. She is not afraid to double check an item if it appears out the ordinary and does not make you feel awkward in the process. Not only is she is an excellent pharmacy technician, she is also very thoughtful and kind. Words cannot express how thankful I am to have her on our pharmacy team and do not look forward to the day she entertains retirement.

(Submitted by Anna Christopher)



IDAHO PHARMACY RESEARCH and EDUCATION FOUNDATION

Debbie Rothstein
ISHP Immediate-Past President

What is the IPREF?

“The impetus to create a Foundation is usually born out of a need identified by the membership of a given association,” according to the late John Wiltse, past Executive Director of ISHP. In 1999, members of ISHP identified our need to respond to a series of national and state-wide developments on the subject of Pharmaceutical Care. At the same time, the ISHP board identified the strategic need to increase public awareness and understanding of the pharmacist’s role in healthcare. So we created the Idaho Pharmacy Research Foundation from Dr. Barb Mason’s and Shawna Kittridge’s proposal to address both needs.

IPREF’s Board of Directors consists of pharmacy leaders and public members, and the officers of ISHP. The Immediate Past President of ISHP serves as the rotating Director of the Foundation. I am actively recruiting both pharmacy leaders and public members at this time. Please contact me through the ISHP office, ishpcontact@gmail.com with names and contact information of candidates.

Over the years the IPREF grant money has helped fund Dr. Shirley Reitz’s research into the pediatric dose batching of parenteral meds available in only adult-sized volumes, the Idaho State University College of Pharmacy’s (ISU COP) Professional Pharmacy Student Alliance in their development of the Combat Prescription Drug Abuse program, and the Idaho Pharmaceutical Care Consortium.

Foundation sponsored scholarship programs create opportunities to reach the next generation of professionals early in their careers and create good will which could last a lifetime. In the recent past, the IPREF helped fund the ISU COP’s winning clinical skills team’s trip to ASHP’s Midyear Clinical Skills competition twice.

In an effort to continue awarding grants for research and education projects within the State of Idaho, IPREF asked ISHP to allow fund-raising campaigns at its biannual continuing education programs. Perhaps you know of the **iPad giveaways** started by Mike Dickens during his term as IPREF director or the recent **Balloon Outbreak** at the Friday night Poster Competition in Sun Valley this fall. The balloons contained prizes of varying value; and the purchase of those balloons raised \$600 for the Foundation. At the upcoming ISHP Spring CE program IPREF will offer a **Rubber Duck** pond. More details to follow later.

Members of the parent organization, the Idaho Society of Health-System Pharmacists, continue to be generous in their financial support of the Foundation. However I am also keenly interested in identifying persons who are potential donors (of both prizes and money) to IPREF fund-raising campaigns. Sometimes it is easier to support your professional organization this way if volunteering time and talents is not possible at any given time. Thank you.

Sincerely,

Debbie

Director of the Idaho Pharmacy Research and Education Foundation
Immediate past President of the Idaho Society of Health-System Pharmacists



Student's Corner

Sarah Innacone & Dustin Stacey

ISHP Student Representatives

Greetings ISHP members,

We would love to keep you all informed with some of the exciting things that have been happening on both the Meridian and Pocatello campuses of Idaho State University. Students have been getting back into the swing of their classes, which keep us pretty busy. However, we have still found time to continue participation in the various outreach programs. During this flu season, students have been actively involved in **Operation Immunizations**, giving flu shots to many at various clinics across the state. Students can also be seen giving **Meth Awareness** and **Generation Rx** presentations to Idaho's school children warning them of the potential dangers of both methamphetamine and prescription drug abuse. November is **Diabetes Awareness Month** and we are implementing an exercise campaign to get students and faculty to log how many steps they take each day. The goal is to raise awareness about the positive effects that exercise has on managing diabetes.

This year's **Clinical Skills Competition** saw 11 teams compete for the honor of representing ISU at the ASHP National Clinical Skills Competition at ASHP's midyear meeting in New Orleans. It was a difficult case and the competition was stiff. The winning team was **Tingting Fu (P-2) and Leighton Murri (P-2)**. 2nd place was **Michelle Wilken (P-4) and Megan Turner (P-4)**, and third place was **Chelsea Capley (P-3) and Steven Kochman (P-3)**. Michelle and Megan will be representing ISU at the ASHP midyear meeting due to the members of the 1st place team being unable to make the trip. We have no doubt that Michelle and Megan will represent both ISU and ISHP well and wish them the best.

Many ISU students made the journey to the **APhA Mid-Year Regional Meeting** over Halloween in Portland, Oregon this year. ISU was able to bring home awards for our Operation Diabetes, Operation Heart and GenRx outreach programs. This was very exciting and recognizes the hard work that our students and pharmacist advisors put in to making a difference in the health care of Idahoans. One of our students (and winner of our clinical skills competition), Tingting Fu was elected as Region 7 Delegate during the meeting as well. It was an amazing and successful meeting for ISU College of Pharmacy Students.

The Sun Valley Fall Meeting was a hit and the student volunteers enjoyed helping out. The Friday social was a great success and the student volunteers loved being able to mingle and interact with the various pharmacists there. The CEs that were presented were very informative and we all enjoyed being able to sit in on them and refresh our schooling. The students also were very thankful for the opportunity to present posters and get to meet with the Idaho residency directors and pick their brains on how to apply for residency positions in the upcoming year(s). Congratulations are in order to **Sabrina Sherwood** for her **first place award in the Student poster competition**. Many thanks as well to all of the students who participated in this event.



As you can see, it has been a very busy but very rewarding past few months for the students. We are appreciative for all of the assistance many of you give in helping us with our outreach programs and in our schooling. We look forward to seeing you as you continue your assistance with the programs and as we prepare to assist with the Spring Meeting in the not-too-distant future. We wish all of you the best and wish you Happy Holidays!!!!

Best wishes,

Sarah and Dustin

Sarah Innacone – ISHP Pocatello Student Representative

Dustin Stacey – ISHP Meridian Student Representative.



1956 → 2016



ISHP will be turning the big six zero next year!

- ✓ Like to be part of the planning for the event?
- ✓ Like to share some of your favorite ISHP stories or know a little bit about our history?
- ✓ Help us get ready for the party
- ✓ Please contact Kent Quickstad at ishpcontact@gmail.com to join in on the fun

How about a few more Sun Valley pictures - Find yourself here?

If not, let's hope that you find yourself in the pictures from the

Annual Fall Meeting in Sun Valley on September 23, 24 & 25, 2016



Technician's Corner

LeAnn Bolster - ISHP Technician Representative

Greetings ISHP Technicians!

I wanted to briefly introduce myself as your new Technician Representative at ISHP. My name is LeAnn Bolster and I have been a Certified Pharmacy Technician for 5 years. I currently work at the Boise VA in the outpatient pharmacy and I am very excited to be representing you at ISHP and within the community.

*Pharmacy Technicians
MUCH more than
"Just the cashier..."*

During my term as your representative one of the areas I would like to focus on is increasing technician participation at ISHP. One way I plan to do this is by creating a technician roundtable so we can meet, network, and discuss all things tech-related including ways to promote advanced technician career paths. I want to give you a voice and an avenue to be heard. More information to follow on this exciting opportunity. Other ways to be involved at ISHP include [volunteering](#) or presenting a CE topic at the spring or fall conference. If you have suggestions for CE topics, are interested in presenting at the spring or fall conference, want to volunteer, or would like to participate in a technician roundtable, please let me know at ishpcontact@gmail.com attention LeAnn.

Finally, I would like to thank Megan Echevarria for her past representation and ongoing participation at ISHP. She is an amazing, smart woman who left some big shoes to fill. THANK YOU MEGAN!

Looking forward to hearing from you and seeing you at the spring conference!

LeAnn



Legislative Day 2016

Legislative Day is on January 18, 2016. The day will begin at 10 AM at the **capitol building** going until 2 PM. ISHP will have a booth set up during this time. If you are interested in representing ISHP, please send a message to ishpcontact@gmail.com. This is a great opportunity to present what health system pharmacists do, promote provider status, and discuss topics that will need support now or in the future.

There is a **reception at Beside Bardenay** (610 Grove Street, Boise) from 4:30 to 6:30 PM. This event is well attended by members of the House and Senate. It is a great time to promote health system pharmacy and discuss topics for which support is needed. This is a co-sponsored event with ISPA. Food and drinks are provided.

Legal and Public Affairs Update

John Sullivan

Let us start with an update on **Provider Status**. At the end of October H.R. 592 has 226 co-sponsors. This piece of legislation is in need of 230 co-sponsors before it will be provided a hearing. To date Representatives Labrador and Simpson have not signed on as co-sponsors. The following is from the ASHP website:

“ASHP members are strongly encouraged to ask their members of Congress to cosponsor the legislation. Personalize the email provided in ASHP’s Grassroots Advocacy Center with examples from your practice that demonstrate the value you bring to the healthcare team.”



If you have not completed this step, please take the time to do so now. Senators Crapo and Risch are also listed as not co-sponsoring, S. 314, which is the same bill before the Senate. This bill has 33 co-sponsors at this time.

The **Board of Pharmacy** held their October meeting on the 28th and 29th. This meeting included the final opportunity to provide public comment on the **proposed changes to statutes and rules** for the upcoming 2016 legislative session. As you may recall ISHP was asked to provide input on docket 27-0101-1502. This item includes a rule revision involving “Own Use”. Historically institutional pharmacies have been allowed to dispense to outpatients in a limited status typically in the form of a small quantity to patients in the emergency department to cover their needs until a retail pharmacy was open. While this is the most common type of outpatient dispensing there are a few scenario’s within our state where dispensing occurs to employees. The goal of the Board was to allow for this in some fashion. The language in the rule revision will allow for this. Thank you to all who provided feedback around this issue. Please watch the BOP website for updates in the proposed language to see the final version, all changes are posted on the Idaho Code and Administrative Rules tab. It is anticipated that all changes will be approved during the upcoming legislative session.

If you have not had the chance to meet the **new Executive Director of the Board, Alex Adams**, Legislative Day may provide that opportunity. Alex has been great to work with in the short time he has been with the Board. He wants your feedback on issues so please take the time to introduce yourself and have a conversation with him when the opportunity arises. Alex comes with great experience. If you have not read his introduction in the September BOP newsletter, please take the time to do so.

Lastly, I want to re-invigorate the Legal and Public Affairs Committee. If you are interested in participating in this area, please send a message to ishpcontact@gmail.com. Thank you to those who have expressed an interest already. This is an exciting time for pharmacy; we have several topics to discuss. I also want to hear what topics you would like to see addressed.

John

Another Award winner in Sun Valley



Congratulations are also in order for **Jessica Monitz**, a resident at St. Luke's in Boise for placing first in the Resident/Pharmacist category for the poster competition.

Jess present a poster entitled "**Standardization of Pediatric Oral Compounds**"

In July 2015, an Institute of Safe Medication Practices (ISMP) survey on medication errors showed as many as 1 in 10 hospitalized children encountered some type of medication error while hospitalized. One of the general strategies to prevent errors included in the survey was to standardize and limit the concentrations and dosage strengths of pediatric high-alert medications. ISMP created an initiative to encourage all pharmacy settings to standardize their pediatric oral concentrations. The purpose of this study is to determine the current concentrations of pediatric oral compounds across many practice sites. This data will be used to create a standard formulary for oral compounds to ensure pediatric safety throughout the St. Luke's Health System and Treasure Valley.

Idaho's 2016 ASHP House of Delegates Election



The Idaho nominations for the ASHP House of Delegates (HOD) has closed and it's time to for Idaho's ASHP members to vote for their 2016 representative to the ASHP HOD. If you haven't already voted per the e-mail sent on November 12th, please do so as soon as possible. These ballots were sent to ASHP members residing within the state of Idaho. The House of Delegates is the policy making body for ASHP. Your input is important as these delegates

will represent you within ASHP and provide our State's position on specific ASHP proceedings, which impact the pharmacy industry nationally.

There are three (3) nominees (Mike Dickens, Paul Driver and Elizabeth (Thompson) Duncan) that were duly nominated during the course of the ISHP Membership Meeting and the open nomination period during the month of October.

You are voting for only two (2) candidates. The third nominee will act as the Alternate Delegate who will stand-in for the elected delegates if they cannot be present or for some reason cannot perform their duties

The voting period will end the second week of December 2015, so don't wait to cast your votes.

From the ISHP Office - Executive Director's Message



ISHP Building Towards the Future

Ryan Fitzgerald

It has been a summer and fall filled with efforts to advance and build the ISHP infrastructure for the future. As many of you are aware, the ISHP launched its new continuing education solution, *LearningExpress*, which was highlighted during the 2015 ISHP Fall Meeting in Sun Valley. The *LearningExpress* system had some initial hiccups and customization challenges, but thanks to the work of the ISHP Education and Programs Chairs, Lindsay Kaster and Brandon Griffith, the system is well on its way to being a very effective tool for the ISHP, for years to come. The cloud-based platform made it very simple for attendees to complete their speaker evaluations and tests for each session of the conference. Moreover, attendees could obtain their CEs almost immediately at the conclusion of the conference, if all of their information had been input into the system correctly. We worked through a few challenges on the CE Monitor acceptance side, but those issues were quickly rectified.

Please do not forget that all test and evaluations must be completed properly within the LearningExpress system in order for CEs to be properly obtained by NOVEMBER 26TH, 2015! If you do not claim your CEs by that date the window will close and you will be unable to obtain your CE credits.



Additionally, congratulations are in order to **Anna Christopher** who won the 2016 Spring Meeting free registration challenge. Seven Fall CE program participants claimed their CE credits through LearningExpress within minutes of each other in response to the challenge to be early adopters.

All in all, we had 117 pharmacists and technicians in attendance at this year's Annual Fall Meeting, which received rave reviews. We look forward to being back in Sun Valley for the 2016 Fall Meeting – September 23rd – 25th.

The ISHP Board continues to build upon this new CE software system and we are in the final planning stages to bring you an exciting set of speakers for the upcoming Spring Meeting. We very much hope that you will mark your calendars to join us for the ISHP Spring Conference – March 4th – 6th, 2016 at the St. Luke's Anderson Center in Boise.

In our efforts to modernize, we ask for your patience, in the weeks ahead, while we work to automate and re-integrate the ISHP membership information back into its association web-based system. In years past, the membership information had been removed from the ISHP website and on-line database system and the ISHP Board has asked that we work to stabilize the website and make it more functional for the members.

So, please stay tuned...we are working to make the ISHP website more efficient, effective and full of valuable industry information for both outside entities and members alike. More exciting developments to come as we continue our efforts to build the ISHP into the future!

Ryan

And finally,

More happy people in Sun Valley

