

ISHP Newsletter

Volume 29 #4

November 2019

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 29 # 4



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President's Message

Chris Oswald



What a Fall Meeting! Thank you to everyone who was able to join us this past October in Sun Valley. We had record attendance with over 170 attendees not to mention a few sheep running through downtown Ketchum at the conference. Planning and executing a meeting is no simple task and a big thank you goes out to **Tyler Osgood, Lindsay Crawford, the entire Education Committee, and Caroline Merritt** for all their hard work in putting together this meeting. As we enter the season of being thankful, I would also like to extend my gratitude to now Past President **John Sullivan** for leading our organization this previous year and the **2018-2019 Board of Directors** for the high level of engagement and determination everyone had in wanting to take ISHP to the next level. **I also want to thank you, our members,** for welcoming me back to the Board of Directors and Executive Committee.

Returning to this role is a great honor and I hope to serve you well. As I was preparing for this, I found myself asking, "What can I do better and still offer to ISHP?" It's a loaded question with a loaded answer; and I as look towards this next year know that I mean to secure a future for ISHP that serves all pharmacy professionals, and not just for next year but also for years to come. I like to dream big and believe we have the capability to accomplish a lot. And, I know I am not alone in these thoughts. Recently President-elect **Andrea Winterswyk** and myself had the opportunity to travel to an ASHP Presidential Officers Retreat for State Affiliates to discuss what we do well, collect ideas on opportunities to make ISHP better, and gain support in our efforts for ISHP's growth and development. I said this four years ago and it still stands true, ISHP is strong and we should be proud of our accomplishments built by our energized members. It's because of you that we exist and are able to succeed.

(Continued on page 6)

**2019 – 2020 ISHP
Officers and Directors:**

President:	Chris Oswald
President-elect:	Andrea Winterswyk
Past President:	John Sullivan
Secretary/Treasurer:	Elaine Nguyen
Executive Director:	Caroline Merritt
Administrative Affairs:	Cassie Perdew
Education:	Lindsay Crawford
Programs:	Leslie LaMontagne
Legal & Public:	Lindsey Hippe
Professional Affairs:	Mikaela Elwell
Student Representatives:	Meridian – Jose Parra Pocatello – Trevor Meldrum
Technician Representative:	Annie Knudsen
ISU College of Pharmacy Representative:	Jordan Ferro
Central Idaho Representative:	Vacant
Northern Idaho Representative:	Vacant
Newsletter Editor:	Kent Quickstad
Website Chair:	Rob Wills
ASHP Liaison:	Anne Policastri

EZ contact information:

**All of these Officers and
Directors can now be
reached at one place!**

ishpcontact@gmail.com

***The mission of ISHP
is to promote the highest levels
of pharmacy practice by our
members***



ISHP Spring Meeting

April 25 & 26

**Saint Alphonsus
Boise**



Sun Valley Annual Meeting – Awards Recipients!



Pharmacist of the Year

Lindsey Hunt, PharmD, BCPS

**VISN 20 Clinical Resource Hub Pharmacy Program Manager
Boise VA**

Lindsey has long been a very active member in ISHP serving as an ASHP Delegate and also through committee involvement. What's really set her apart this year is her work in establishing the I-LEAD program. This program is one of the first of its kind which has helped to not only strengthen ISHP with great leadership as well as providing growth and development for pharmacists and technicians that want to learn the skills that would help them move into new career directions. Additionally, Lindsey took the lead on applying and obtaining the PAI Grant from ASHP which helped bring together ambulatory care leaders from across Idaho. The program has really helped establish communication pathways that can allow for ongoing dialog and teamwork among Idaho pharmacists as they continue to venture in new clinical areas related to population health. Overall Lindsey exemplifies everything that ISHP and Pharmacy is about.

Technician of the Year

Kelly Orf

**Mountain View Hospital
Idaho Falls**

Kelly has shown dedication as a member of ISHP since 2007. Kelly is honest, dependable and incredibly hard-working. She is extremely talented at sterile compounding and has shown dedication to the profession that inspires others. On her own time and with her own funds she pursued national certification in sterile compounding. Her co-workers are always treated with kindness and support. Kelly's positive attitude and great work ethic inspires the team at Mountain View Hospital. She is an integral part of our health-system pharmacy, a compliment to the profession of pharmacy and a leader in pushing the mission of ISHP forward.

ISHP Leadership Award

Presented to the outgoing President for leading ISHP over the past year.

John Sullivan

**St. Luke's Health System
Nampa**

Student Leadership Award

Presented to outstanding student leader(s) for their meritorious service and leadership including: Service to the profession of pharmacy; Contributions to pharmacy programs; Interprofessional development; and Service to the community.

Kristin Cleverdon

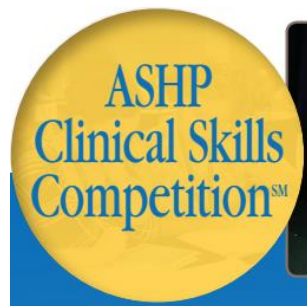
James Parrish

Chelsey Bagby

Megan LaCrone

ASHP Clinical Skills Competition

The Clinical Skills Competition (CSC) is an interactive, team-based analysis of clinical scenarios for hospital and health-system pharmacists sponsored by the ASHP Foundation. The purpose of the CSC is to encourage and recognize excellence in clinical skill development for student pharmacists. The ASHP/ASHP Foundation Practice Advancement Initiative (PAI) is focused on advancing patient care and transforming pharmacy practice by further integrating pharmacists into patient care teams as the health professionals who are responsible and accountable for patients' medication-related outcomes. The PAI recognizes that the competition enhances student pharmacist skills in collaborative practice with other providers in direct patient care.



The winning team members from each participating college of pharmacy will receive a complimentary Midyear Meeting registration to compete at the national level competition held in Las Vegas, NV, December 7-8, 2019. Funds from the Idaho Pharmacy Research and Education Foundation (your raffle tickets!) will be used to assist in travel and lodging for the meeting. We had multiple teams participate this year:

- 1. Christian Atkinson and Ryan Kniesner**
- 2. Hannah Fjeld and Corrie Black**
- 3. Branden Robinson & Alakai "Maui" Montalbo**

Excellence in Research or Quality Improvement Award

This award may be based on impact on pharmacy profession, design/implementation, innovative practice concepts, achievement of publication, etc. The project must have been completed in the last 5 years.

Pharmacist-provided direct patient care services in Idaho: Current practices, capacity, and barriers

Authors: **Elaine Nguyen, PharmD, MPH;** John Holmes, PharmD, MPH; Renee Robinson, PharmD, MPH, MSPharm; Shanna O'Connor, PharmD; Matthew Fuit, PharmD Candidate 2021; Lynn Thaden, PharmD Candidate 2020; Radhika Narsinghani, PharmD Candidate 2021

Poster Winners – with several ties

(39 posters were presented this year – An ISHP record, we had to go out and buy more easels!)

Students:

- First:** **Grayson Kendal** *Methods for improving adverse drug reaction reporting in the inpatient setting*
- Second:** **Megan LaCrone** *Assessing adherence to The Joint Commission's National Patient Safety Goal 03.05.01 in a community medical center*
- Third (tie):** **Kristin Cleverdon and Angela Martin** *Evaluation of anticoagulant education*
- Third (tie):** **Kaylee Moretto** *Evaluation of prescribing trends of antibiotics for patients in the emergency department and upon admission to the hospital*
- Third (tie):** **Kailey Murphy** *Student pharmacist recommendations in the outpatient setting*

Residents:

- First: Erin Berry** *Establishing a glycemia management protocol for non-critically ill hospitalized patients: a quality improvement initiative*
- Second (tie): Kristin Halla** *Evaluating the change in insulin requirements when adding a dipeptidyl-peptidase 4 inhibitors, thiazolidinediones, or glucagon like peptide 1 agonists*
- Second (tie): Heather Walser** *Assessment of academic detailing on Prescription Drug Monitoring Program query rates when initiating opioids*
- Third: Hilary Deragisch** *Evaluation of veterans discharged with heart failure diagnosis*

Pharmacist:

- First: Elaine Nguyen** *Pharmacist-provided direct patient care services in Idaho: current practices, capacity, and barriers*

St. Luke's Poster presenters



Get your posters ready for next year!



Congratulations to the 2019-2020 incoming ISHP Board of Directors:

President-elect: Andrea Winterswyk
Programs: Leslie LaMontagne
Legal & Public Affairs: Lindsay Hippe
Professional Affairs: Mikaela Elwell
Technician Representative: Annie Knudsen

And many thanks to our outgoing Board of Directors:

President: John Sullivan
Programs: Tyler Osgood
Legal & Public Affairs: Katie Erickson
Professional Affairs: Andrea Winterswyk
Technician Representative: Kathleen O'Dell

**Your Board of Directors
hard at work in Sun Valley**



President's message (continued from page 1)

The Board of Directors has recently met to determine goals for the organization in the year to come. We are working on mapping out goals and objectives to meet the needs of the organization and membership and will have the finalized version of our plan released after approval. But! I have a sneak peek for you. ISHP's plan will include **ADVOCACY** with our efforts on the legislative front, collaboration amongst stakeholders to address and support the changing climate of pharmacy practice, and continued work with the Practice Advancement Initiative; you'll see **PROFESSIONAL DEVELOPMENT** in the form of our high-quality continuing education series and conferences with modernized formats, recognition of your success across the state; and opportunities for leadership and growth; and lastly our work on **SUSTAINABILITY** to include strengthening our organization's infrastructure and financial stability while growing and maintaining a diverse membership where we provide value to every member.

As a close my message to you all as we enter the holiday season, please take care of yourself both personally and professionally. Resilience and well-being are major buzz words in health care today and the threat of not having either or burning out cannot be ignored. I know the stressors and demands of health care these days and as a fellow health care professional, I am right there with you. I have had my own professional well-being challenged in years past and found ways "to get back on the horse" as they say. Our roles on the team are not to be taken for granted and we cannot ignore the emotional toll our careers may put on us. Advice I have given to others (and follow myself) includes remembering why you chose to do what you do, not to lose or give up focus on that, and make sure you have something you do that makes you happy. We all have our stories, reasons, and passions. This can help weather any storm because our well-being matters and what you do matters.

Thank you all so much for being a part of ISHP and trusting me to lead us. The Board has hit the ground running with awesome ideas to carry out our vision and mission and we've got a great year ahead. Legislative Day (January 20th) will be here before we know it and I hope to see you there! I look forward to connecting with many of you, new friends and old, at our events throughout the year. Have a safe and happy holiday season!

Chris

ASHP House of Delegates Update

Paul Driver and Arielle Arnold



The ASHP House of Delegates (HOD) passed 19 policies and statements last June during the Annual meeting in Boston. All of these are available for review in the September 15th issue of AJHP. There is an upcoming virtual HOD during the week of November 15-22. During that virtual meeting we will be voting on three policies for revision and one to sunset. These policies are not up for debate and revision by the delegates. It will be a yes or no vote, requiring a $\geq 85\%$ vote to approve or reject the recommended changes. If this threshold is not met, these policies will be under consideration at the next HOD meeting in Seattle, Washington, June 6-10th, 2020. The policies are:

- Testing and Documentation of Penicillin Allergy as a component of Antimicrobial Stewardship. (Revision of Policy 1517)
- Research on Drug Use in Obese Patients (Revision of Policy 1515)
- Antimicrobial Use in Agriculture (Revision of policy 1009)
- Appropriate Use of Testosterone (To Discontinue Policy 1536)

We encourage your input on these policies. They are available on ASHP Connect for review. If you are unable to review them on this site, please let Arielle or Paul know and they can be forwarded to you for your review.

Thank you and look forward to hearing your input.

Paul & Arielle

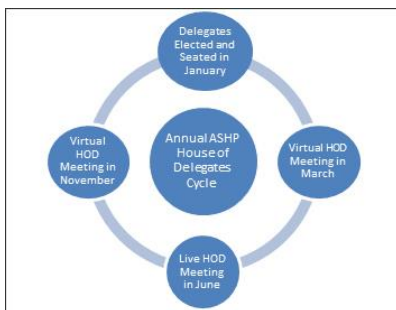
For more information about the ASHP House of Delegates, please see their webpage at: [ASHP's House of Delegates webpage](#)

From ASHP

Call for Resolutions for the 2020 House of Delegates Session

The [Call for Resolutions](#) for the 2020 House of Delegates is now available. Resolutions require sponsorship by two active members, who need not be delegates. All resolutions must be submitted by March 9, 2020, in advance of the 2020 House of Delegates Session, to be held June 7 and 9.

Nominations Now Open for Idaho Delegate to the ASHP House of Delegates



ISHP is currently accepting nominations to be the next Idaho delegate to the ASHP House of Delegates, the ultimate authority in establishing the professional policies of the organization. Idaho elects two representatives on a rotating basis to serve a two-year term to the ASHP House of Delegates (HOD) and will represent the ISHP on proceedings impacting the pharmacy profession nationally.

Nominated ASHP members will be added to the ASHP Delegate Ballot for Idaho and will be voted on via electronic ballot in December. ISHP opened delegate nominations at the ISHP Membership Meeting during our Annual Fall Meeting in Sun Valley and will continue to accept nominations through Friday, December 6th.

Please nominate your colleagues by sending an email to ishpcontact@gmail.com by Friday, December 6th. Self-nominations are welcome!

Hello from the Education Committee!

Lindsay Crawford and Leslie LaMontagne

Thank you so much for attending the Fall 2019 ISHP Meeting! We have received some great feedback that we plan to incorporate into future meetings. If you have any specific feedback from the Fall meeting, please email ishpcontact@gmail.com. We'd love to hear from you! During the fall meeting, Leslie LaMontagne was sworn into the Board of Directors as the Programs Chair. We are so excited to have her! She comes with many great ideas to improve our ISHP educational opportunities. Over the past few months, the Education Committee has grown in size, with about 30 members! We are already so excited about the Spring 2020 ISHP Meeting. The committee is putting a large emphasis on creating a diverse CE schedule with many areas of pharmacy represented.

Have a great Holiday season – and while you are decking the halls, make sure to give the new ISHP **Instagram** account, @Idaho Pharmacy a follow!

And then we can all go to the ISHP Spring meeting!



April 25 & 26, 2020

Saint Alphonus - Boise



Legal and Public Affairs

Lindsey Hippe



As many of you know, the Board of Pharmacy (BOP) has welcomed a fantastic new director, **Nikki Chopski**, as well a new board member, **Justin Messenger**. ISHP is grateful to Nikki for her comprehensive presentation at the Fall meeting regarding updates to Idaho pharmacy law and how to apply them in everyday practice. Justin is a pharmacist at Mountain View Hospital in Idaho Falls and will be serving as a representative of hospital and health system pharmacy to the Board.

In its October meeting, it's reported that the Board focused on law change updates as well as exploring how we can use best practices to elevate the safety of pharmacy in Idaho. The BOP will be using a Culture of Safety survey as well as looking at ways that safety can be increased without turning to legislative means. All of these measures require a lot of information and input from Idaho practitioners: more to come on how you can contribute your opinion!

The Board will also be considering what else counts for CE besides BCPS certification.

On a broader note, the Idaho Pharmacy Leadership Council (IPLC) is again having regular meetings. This is a group of representatives from ISHP, ISPA, the BOP, ISU, and others. The goal of the IPLC is to increase communication and collaborative action between Idaho pharmacy organizations; I will be attending for ISHP and reporting back on initiatives that the IPLC takes on.

Lindsey

Student's Corner

Jose Parra
ISHP Representative for ISU Meridian.

The Student Track at the ISHP Annual Fall Meeting in Sun Valley was well attended by ISU students who were very interested in learning more about pharmacy residencies. The different presentations were very helpful, and the students came away from the experience with tips on how to fine tune their CVs to better highlight our experiences. The tremendous turnout of student poster presenters was an awesome way to see how pharmacy students are working to further the profession. This year's Pharmacy Fair was also very successful. ISU Pocatello student representative Trevor Meldrum and I would like to thank all of those who donated their time to talk to the pharmacy students at both of these events. White Coat ceremonies were also held this fall in Meridian and Pocatello for our incoming students – welcome to the ISU College of Pharmacy!



**Idaho State
University**

**College of
Pharmacy**

Jose

White Coat
Ceremony

2019





I-LEAD Accepts New Class

The Idaho Pharmacy Leadership, Advancement & Development Program (I-LEAD) welcomed its new class of 2020 this month! Three Pharmacists and two Technicians round out the class of five that represent all corners of the state.

I-LEAD Class of 2020

1. **Lindsey Hippe, PharmD, BCPS** – Clinical Pharmacist St. Luke’s Boise Medical Center. Dr. Hippe has been with St. Luke’s serving in a clinical role since 2015 following a PGY1 residency at Virginia Mason in Washington State. Prior to that she completed her PharmD at WSU.
2. **Ianitza Bankova, PharmD, BCPS** – Clinical Pharmacy Specialist, TelePACT, VISN 20 V-IMPACT Hub, Boise VA. Dr. Bankova completed her PGY1 and PGY2 residencies at the Boise VA, also serving as the Chief Pharmacy Resident, following her completion of a PharmD at the University of Utah.
3. **Tiffany Louder, CPhT**, Mountain View Hospital. Ms. Louder has been actively involved with ISHP for a number of years. Prior to joining Mountain View, she worked with Albertsons’ Pharmacy and also completed an Associate’s Degree with Utah State University.
4. **Sarah Hanni, CPhT**, is the Lead Pharmacy Technician at Mountain View Pharmacy. Prior to her time there she served as a technician at both Walgreens and Walmart Pharmacies. Besides being a Certified Pharmacy Tech and Leader at Mountain View, Ms. Hanni is ACT certified and has completed Pharmacy Immunization Training, gaining certification in 2019.
5. **Anna Hoenke, PharmD**, Clinical Pharmacist at Kootenai Medical Center. Dr. Hoenke completed her PharmD at Ferris State University. During that time was accepted into the highly regarded DIRECT program at Munson Medical Center. Upon graduation she completed a PGY1 residency at Eastern Idaho Regional Medical Center.



I-LEAD Class of 2020



I-LEAD Class of 2019
at the Sun Valley Bowling Alley
(and they all reported to have perfect 300 games)



And from the ISHP Office Executive Director's Message

Caroline Merritt



Thanks to everyone who attended our annual Fall meeting in Sun Valley. The ISHP Education Committee put together a great program with tracks for pharmacists, technicians, and students. **With 12 hours of Pharmacy CE and more than 175 attendees, the meeting was our largest ever and a great success.** We also had our largest poster session ever with nearly **40 posters**. In addition to the educational opportunities, there was also plenty of time for networking and getting to know your fellow pharmacy professionals during the reception and the breaks.

If you're planning to claim **CE credit** for the meeting, please make sure you've submitted the required pre-tests, post-tests, and speaker evaluations by **December 6th, 2019**. After this date, ACPE will not allow attendees to claim credit, so be sure to complete all the required steps in the next few weeks.

If you've never attended an ISHP conference, please consider doing so in 2020. Save the date for our **ISHP Spring Meeting April 25-26, 2020 at Saint Alphonsus Regional Medical Center** in Boise. We'll be back in Sun Valley for our 2020 Fall Meeting September 25, 26 and 27th. Our conferences and the sponsorships we receive from our industry partners support the work of ISHP all year long, so we encourage you to participate.

Thanks for your continued support of ISHP!

Caroline



ISHP Past Presidents – Sun Valley 2019

Chris Oswald, John Sullivan, Barb Mason, Paul Driver, Kent Quickstad and Leo Nickash

2019 – 2020 Incoming Board of Directors

Andrea Winterswyk, Leslie LaMontagne,
Lindsay Hippe, Mikaela Elwell,
Annie Knudsen



ISHP Sun Valley 2019



Long time members and Past ISHP Presidents
Doug Schoonover and Paul Driver



Another well attended Sun Valley meeting!



Rob Wills and the I-LEAD
Graduating Class of 2019

And yet another perfect Sun Valley
weekend for ISHP

**Hope to see you all next year
September 25, 26 & 27, 2020**





THANK YOU TO OUR 2019 FALL MEETING INDUSTRY PARTNERS

PLATINUM SPONSOR
Genentech
A Member of the Roche Group

PROGRAM SPONSOR

