

# ISHP Newsletter

Volume 27 #3

August 2017

**Idaho Society of  
Health-System  
Pharmacists  
Newsletter Volume 27 # 3**



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**ISHP Executive Director:  
Ryan Fitzgerald**

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## President's Message

**Lindsay Kaster**

*Give us a grade!*



Our Annual Fall Meeting is just around the corner, and the ISHP Board has been working hard to accomplish the strategic goals we set for ourselves the last Fall Meeting. As we head into the home stretch, we want to know what YOU think of how we're doing, and where we should go from here.

Here is our progress on some of our biggest goals for 2016 – 2017. We will be presenting the full report on our Strategic Plan at the conference in Sun Valley. We can't wait to see you there!

- **Advocacy and Leadership:** We have worked closely with the Idaho Board of Pharmacy, IPLC, and other pharmacy organizations to promote the highest use of pharmacists across the state. This includes several major breakthroughs in pharmacist and technician scope of practice.
- **Education/Conference Planning:** The fall meeting will have more CE credits than ever before, prescient topics, fantastic local and national speakers, and (hopefully) great weather!
- **Sustainability/Industry Partnering:** We held our third Industry Relations event, have significantly more participation in our educational conferences, including breakfast symposia, and a much better understanding of how to utilize our resources to synchronize our needs with those of the exhibitors. Please be sure to thank our sponsors when you see them for helping the organization complete our goals!
- **Member Engagement:** Volunteerism in the organization has increased, as we are recruiting people to help with smaller tasks and committees throughout the year. Thank you, as your small moments add up to a big difference for our organization!
  - Please e-mail us at [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com) for "micro-volunteer" opportunities of as little as one hour of your time!

E-mail us ([ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)), talk to a Board of Directors representative in Sun Valley, or volunteer your time to give us a grade on our strategic goals for this year, as well as giving input on what you want to see in the next year, five years, and beyond.

On a personal note, I have been absent for a lot of this year caring for my (now 5-month-old) twins, meaning that several people had to step up and work extra hard this year. An enormous THANK YOU to **Ryan Fitzgerald, Chris Oswald, and Rob Wills** for their dedication to the organization and the assistance throughout the year.

## 2016 – 2017 ISHP Officers and Directors:

President:	Lindsay Kaster
President-elect:	Rob Wills
Past President:	Chris Oswald
Secretary/Treasurer:	Jessie Litke
Executive Director:	Ryan Fitzgerald
Administrative Affairs:	Debbi Burr
Education:	Kasidy McKay
Programs:	Eliza Borzadek
Legal & Public:	John Sullivan
Professional Affairs:	Andrea Winterswyk
Student Representatives:	Meridian – Heather Shannon Pocatello – Clint Housley
Technician Representative:	LeAnn Bolster
ISU College of Pharmacy Representative:	John Holmes
Northern Idaho regional Representative:	Steve Crenshaw
Central Idaho regional Representative:	Elizabeth Duncan
Information Technology Committee:	Jim Nguyen
Newsletter Editor:	Kent Quickstad
ASHP Liaison:	Kimberlee Berry

### EZ contact information:

All of these Officers and  
Directors can now be  
reached at one place!

[ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)



*The mission of ISHP  
is to promote the highest levels  
of pharmacy practice by our  
members*



**ISHP Fall Meeting**

**Sun Valley**

**September 29 → October 1,  
2017**

## Election Results - ISHP Board of Directors

Please offer your congratulations and thanks to the following individuals who have recently been elected to the ISHP Board of Directors. These new officers will be installed onto the 2017- 2018 Board in Sun Valley on September 30<sup>th</sup>.



<b>President-elect:</b>	<b>John Sullivan</b>
<b>Legal and Public Affairs:</b>	<b>Katie Erickson</b>
<b>Professional Affairs:</b>	<b>Andrea Winterswyk</b>
<b>Programs:</b>	<b>Tyler Osgood</b>
<b>Technician Representative:</b>	<b>Kathleen O'Dell</b>

### **2017 ISHP Annual Fall Meeting** **Sun Valley, Idaho** **September 29 – October 1, 2017**

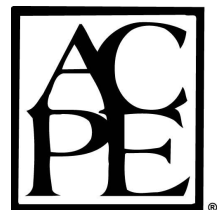


*Expanding Pharmacy Opportunities in Idaho:  
Pharmacy Professionals as a Vital Resource in  
community, critical care, and emergency care settings.*



#### ✓ **Pharmacist Track**

- ✓ Moving from Volume & Fee for Service to Value & Critical Access
- ✓ Under Pressure: Pharmacist's Role in Managing Hypertensive Crises
- ✓ Sterile Compounding: <USP 800>
- ✓ Expanding Pharmacy Roles & Services Through Effective Leadership
- ✓ Everything You Wanted to Know About Transplant Medications but Were Afraid to Ask
- ✓ Management of the Potential Organ Donor in the ICU
- ✓ Too Legit to Quit? Smoking Cessation Workshop
- ✓ Two Part - Clinical Controversies in Emergency and Critical Care
- ✓ Pharmacologic Agents & Factor Replacement Products for Major Bleeding
- ✓ Rise Up: Expanding Pharmacist's Role on the Trauma Team
- ✓ Idaho Pharmacy Law: Practical Applications



#### ✓ **Technician Track** - *Immunization Administration Certification Course*

Emergency Medications – Tech Check Tech – Sterile Compounding Focus on USP 800 – Technicians Leading Projects to Improve Patient Care – Dosage Calculations - Prescription Transfer and Taking Verbal Orders – First Aid and Basic Skills of Wilderness Survival – Idaho Pharmacy Law

- ✓ **Breakfast CE** – Saturday: Long-Term Treatment Decisions in Patients with Atypical Hemolytic Uremic Syndrome

- ✓ **For everyone** - Networking – Social Events – A weekend away from work – Recreational activities - Great dining in the Sun Valley area – Fun, fun, fun

## More Fall Meeting Announcements

### Annual Awards



Award season for ISHP is here! Nominate a colleague for their achievements this past year and let's celebrate them! The ISHP Awards Committee has been hard at work updating the currently available awards to better serve its members. We are pleased to announce the newly revised Student Leadership Award and Excellence in Research or Quality Improvement. General and specific criteria are listed on the nomination form.



The awards available for nomination are:

**Pharmacist of the Year**

**Technician of the Year**

**Student Leadership** *\*NEWLY UPDATED\**

**Excellence in Research or Quality Improvement** *\*NEWLY UPDATED\**

**ISHP Excellence in Service Award** *\*NEWLY UPDATED\**

Nomination forms available by clicking here →



Nominations are open until September 1st. Winners announced at the Annual Meeting in Sun Valley.

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### Scholarships



Student and Technician Scholarships now available! ISHP recognizes the costs of education and demands in meeting these costs. We are pleased to announce that ISHP will be offering one student scholarship and up to four technician scholarships this year.

Specific criteria and application forms are available on the ISHP website <http://www.ishp.shuttlepod.org> Applications due August 31<sup>st</sup>.

Winners announced at the Annual Meeting in Sun Valley.

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### Idaho ASHP House of Delegates Nominations



#### State Affiliate

As ISHP is a state affiliate to the American Society of Health-System Pharmacists (ASHP), the ISHP and ASHP members residing within the state of Idaho have a right to be represented in the ASHP House of Delegates. The House of Delegates is the ultimate authority over ASHP professional policies.

ISHP will be opening up nominations at the Annual Meeting in Sun Valley to elect one delegate to serve a two-year term. Lindsey Hunt, the current junior delegate, will continue to serve Idaho and transition to senior delegate for 2018. A huge thank you to **Mike Dickens** for serving as an Idaho delegate for the past three years!



## ISHP Fall 2017 Annual Meeting Poster Session

If you are considering submitting a poster for the Fall Meeting, please complete the poster application on the ISHP Website.

***Abstracts are due by September 15<sup>th</sup>!***

**Download the Guidelines & Application Here!**

The potential categories are broad, and include the following submission options:

### **Descriptive Report:**

Describes new, improved or innovative roles or services in pharmacy practice, or unusual clinical cases in one or a few patients that have not been formally evaluated, but are of such importance that they must be brought to the attention of practitioners.

### **Evaluative Study Report:**

Completed original research, including clinical research on drug effects in humans, drug-use evaluations, and evaluations of innovative pharmacy services. Abstracts must include scientific results and/or data to support the conclusions.

### **Research-in-Progress Report:**

Uncompleted original research, including clinical research on drug effects in humans, drug-use evaluations, and evaluations of innovative pharmacy services currently in progress. Results can be presented on your poster at the meeting.

### **Case Reports:**

Describes an unusual patient-specific case that was not part of a study but the findings are of interest to clinical pharmacists. Case Reports do not need the headings Purpose, Methods, Results, or Conclusions but cannot be a research-in-progress.

We encourage you to share your valuable contributions to your health-system and to the pharmacy profession! The Fall Poster Competition is an excellent opportunity to disseminate information having an impact on pharmacy practice, and open up conversations with fellow health-system pharmacy leaders in Idaho.

Students, residents, fellows, and pharmacists are all welcome to submit. Applications are due September 15th at 11:59 PM MST. Please direct any questions to Andrea Winterswyk at: [Andrea.Winterswyk@va.gov](mailto:Andrea.Winterswyk@va.gov)

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## **SUN VALLEY REGISTRATION IS NOW OPEN!!**

Click the link below to start your ISHP Sun Valley 2017 experience!

**Register Now**

***Early bird discounted registration ends 8/31/17!***



# Legal and Public Affairs Update

John Sullivan



There are significant changes coming from the Board of Pharmacy for the 2018 legislative session. The Rules of the Idaho State Board of Pharmacy, as proposed on the Board of Pharmacy website ([https://bop.idaho.gov/code\\_rules/](https://bop.idaho.gov/code_rules/)), will be separated into six chapters. The chapters include:

- **Chapter 1 – Rules of Procedure**
  - Definitions, waivers, inspections, code of conduct.
- **Chapter 2 – Rules Governing Licensure and Registration**
  - Licensure requirements, fees, license classifications, type of facility licensing.
- **Chapter 3 – Rules Governing Pharmacy Practice**
  - Practice standards, facility standards, filling and dispensing, record keeping, prescription drug monitoring program.
- **Chapter 4 – Rules Governing Pharmacist Prescriptive Authority**
  - New chapter created pursuant to HB 191 from this year's legislative session.
  - Prescribing – general requirements, list of minor conditions, devices, conditions based upon testing, gaps in care, and travel drugs pharmacists can prescribe for; collaborative practice requirements.
- **Chapter 5 – Rules Governing Drug Compounding**
  - Compounding – standards, limitations, and controls; sterile product preparation, hazardous drug preparation, outsourcing, labeling.
- **Chapter 6 – Rules Governing DME, Manufacturing, and Distribution**
  - DME outlet standards, drug distribution, wholesaler requirements, drug manufacturers.

The Board of Pharmacy meeting on August 1<sup>st</sup> and 2<sup>nd</sup> at the Capital included the 1<sup>st</sup> of two public comment periods regarding these proposed changes. The majority of comments received involved the prescribing chapter. There were concerns noted regarding the education requirements and no stated limits on age and concurrent conditions such as pregnancy. There were numerous comments received in favor of the prescribing chapter in addition to requests to add items that pharmacists can prescribe. The Board has updated the rules following the negotiated rule making session to include some of these changes. I encourage you to review them as they affect our practice. The length of the Rules has decreased significantly; the intent has not changed to a large degree. The Board values your feedback, especially with the complexity of proposing a re-write. If you have comments and would like ISHP to be your voice please submit them to [ISHPcontact@gmail.com](mailto:ISHPcontact@gmail.com) and we can present them to the Board during the next negotiated rule making session. This will be a conference call scheduled for August 30<sup>th</sup>. You can also share your thoughts and ideas at the ISHP Fall meeting. The last session regarding these rules will be held October 25<sup>th</sup> and 26<sup>th</sup>. Please visit the Board of Pharmacy website to review the minutes and updated rules from the most recent meeting.

This will be my last submission to the newsletter as the Legal and Public Affairs Chair. I have appreciated your support over the last 4 years. I have enjoyed serving our profession and hopefully inspired you in some way to remain or become involved. This office has provided the opportunity to work with the Board of Pharmacy on various issues, participate in ASHP discussions and to help lay a foundation for the provider status initiative within our state. I am thankful to all of you for enabling me to have that experience. Thank you to my fellow ISHP Board members, I have enjoyed working with all of you.

*John*



IDAHO PHARMACY  
Research & Education Foundation

Chris Oswald  
ISHP Immediate Past President and IPREF Chair

This year for the Foundation has been interesting. It has been recognized over the last several years that the Foundation has often been put on the backburner as ISHP tackles larger projects and changes to sustain its own growth and future. This is mostly due to the fact the Foundation Board, chaired by the Immediate-Past President, is the ISHP Executive Committee. Beginning last year, plans were set in motion to provide more of a separation from the ISHP Executive Committee so that the Foundation could continue to thrive. The current status of this move is now awaiting changes to the Foundation's bylaws to allow expansion of the Board and opportunities for ISHP member involvement outside of the Executive Committee. This will help the Foundation continue to focus on IMPROVING, EDUCATING, PROMOTING, and ENCOURAGING pharmaceutical services at all levels.

The Fall fundraiser planning is underway! We will continue to host a fundraising event at the ISHP Fall Meeting on the Friday evening of the conference. The proceeds from this event primarily go to support student travel to the ASHP Midyear conference held in December. Please join us Friday, September 29<sup>th</sup> in Sun Valley if you are able to do so. As always, the opportunity to donate to the Foundation is available on the ISHP website at <http://www.ishp.shuttlepod.org>

*Chris*

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## Technician's Corner

LeAnn Bolster - ISHP Technician Representative

Hello Technicians!

Summer is here! After the winter, we had I won't complain about the heat but I know fall and cool weather are right around the corner. That means the **ISHP Fall Conference**, in Sun Valley, is not far away either. We have some great topics lined up for you this year, including: **accuracy checking technician (tech-check-tech)**, taught by your former ISHP technician representative, Megan Echeverria, **emergency medications, taking verbal orders, basic first aid and wilderness survival**, as well as the recurring **sterile compounding, pharmacy law, and dosage calculations**. We will also be presenting an **immunization workshop for technicians on Saturday September 30<sup>th</sup>**. It will be 5 hours long, and will include **instruction and hands-on training for giving immunizations**. The session is ACPE accredited and Idaho Board of Pharmacy approved. You will be able to take the workshop as part of your CE topics or as a stand-alone training module. Either way, at the end of the immunization workshop you will receive a document stating your "certification" for giving immunizations. Registration is now open so visit <http://www.ishp.shuttlepod.org> and register early for best pricing – attend all 3 days and earn a total 14.5 CE's!



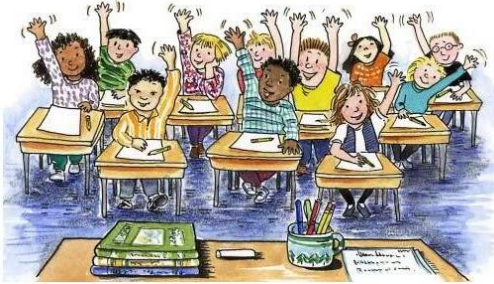
In addition to the CE sessions, your new technician representative will be sworn into office at the members' lunch on Saturday. I hope that I have served you well these past 2 years. I learned a lot as your representative and appreciated the opportunity to support the technician community.

I look forward to seeing you in Sun Valley, September 29<sup>th</sup> – October 1<sup>st</sup>.

*LeAnn*

## Student's Corner

Heather Shannon and Clint Housley – ISHP Student Representatives



ISU students are getting all geared up for the upcoming school year! Sign-ups for student volunteers for the ISHP Fall meeting in Sun Valley went out and we secured 8 volunteers and many alternates within a few short hours! The ISHP Fall meeting is a student favorite! Students will volunteer in many aspects of the meeting. We will set up the poster competition, introduce speakers, aid in the IPREF fundraiser and assist in any way we can to help the meeting run smoothly.

ISU has many students planning on presenting posters at this year's meeting. Students are excited to display their posters, attend informational CEs, enjoy workshops, and interact with other members of ISHP. Other activities for students are in the making!

We are excited for this great opportunity to be a part of the 2017 ISHP Fall meeting! See you in Sun Valley!

Best regards,

*Heather & Clint*

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## Website Updates

Jim Nguyen – ISHP Information Technology and Website Chair



Greetings from the Information Technology and Website Chair! Our website and technology platforms continue to be transformed; we recently transferred to Amazon Web Services. Hopefully, your experience was not impacted. Besides our primary website and our Learning Express Website, did you know we have a Facebook page? I hope you enjoy the content of our digital imprint on the Internet. We are always looking for new ideas and content (articles, news, job postings) for the website or any other IT tool that you may think would benefit our organization. In addition, please let me know if you find any broken links and I'll attempt to fix them. Please email me at [NGUYENJ@SLHS.ORG](mailto:NGUYENJ@SLHS.ORG).

Best regards!

*Jim*

*(Don't you miss out on spending a weekend in beautiful Sun Valley this September)*





## ***The new Residents are here! The new Residents are here!***

ISHP is happy to welcome all of the new Residents that have recently joined our practices. Please extend your own welcome to them as well!

### **St. Luke's Boise:**

Amanda Wright - Washington State University  
Bryce Benson - University of Montana

### **St. Luke's Meridian:**

Ryan Dawe - University of Utah

### **St. Luke's Magic Valley (Twin Falls):**

Courtney Klatt - University of Montana  
Ian Andrus - Roseman University

### **St. Luke's Boise Mountain States Tumor Institute (MSTI) – PGY2:**

Leslie Lamontagne - Midwestern University  
Stephanie Matta - Lebanese American University  
Erica Rhein - East Tennessee State University

### **Boise VA:**

Audra Wilson - Regis University  
Maisie Trang - Idaho State University  
Ianitza Bankova - University of Utah  
Sam Patton - University of North Carolina

### **Boise VA PGY2:**

Megan Turner - Ambulatory Care - Idaho State University  
Michelle Wilkin - Ambulatory Care - Idaho State University  
Michael Cobretti - Ambulatory Care - University of Colorado  
Shelby White - Psychiatric Pharmacy - University of Montana

### **St. Alphonsus Boise:**

Ashley Farley - Idaho State University  
Jane Van de Grift - University of Montana  
Eric Peterson - University of Colorado Denver  
Chelsea Zipse - University of Kansas

### **Albertson's- Boise:**

Nate Spann - Idaho State University

### **Rural Primary Care – Boise:**

Justin Bell - Idaho State University

### **Family Medical Residency – Boise:**

Nick Wood - Idaho State University

### **Kootenai Health - Coeur d'Alene:**

Derrick Schoeben - University of Montana  
Maria Nigro - Washington State University



### Idaho State University - Pharmacotherapy Residency:

Kailee Morton - Midwestern University  
Alex Shreiber - Wilkes University  
Jordan Ferro – PGY2 – Idaho State University

### Idaho State University - Community Residency

Kori Wittrock- Idaho State University

### Eastern Idaho Regional Medical Center - Idaho Falls

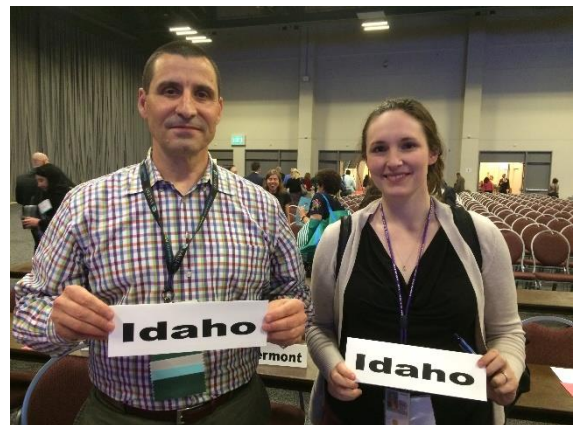
Keiza Brown – University of Utah  
Anna M. Hoenke – Ferris State University



## 2017 ASHP House of Delegates Update

Idaho representatives for the **ASHP House of Delegates** Lindsey Hunt and Michael Dickens attended the ASHP 2017 Summer Meetings and Exhibition in Minneapolis last June. The ASHP House of Delegates serves as the policy making body of ASHP. Elected delegates serve a 2-year term and both Lindsey and Mike are first-time/third-year Delegates. Each were more involved this year during official meetings and caucuses providing great representation for the pharmacy profession in Idaho. Of note, Michael and Lindsey, filed a recommendation to the House in asking for consideration [in 2018] for an official policy to be drafted by ASHP for ***“Electronic-based House of Delegates training materials.”*** Delegates from Arizona and Idaho are in support of this ‘on-the-ground’ view of what occurs in a House meeting so delegates can better understand procedures and increase their comfort in volunteering. For more information on the ASHP House of Delegates, the role of the delegate, the policy making process, or other activities, please go to the ASHP Delegate Webpage: <http://www.ashp.org/menu/PracticePolicy/HOD>.

The next meeting of the House of Delegates will be in conjunction with the ASHP 2018 Summer Meeting and Exhibition (June 2 – June 6) in Denver.



**ASHP House of Delegates  
June 2017**



**ISHP Delegates  
Mike Dickens &  
Lindsey Hunt**

*From the ISHP Office*  
**Executive Director's Message - Ryan Fitzgerald**

***Don't Forget to Update Your Membership!***

As you will recall, the ISHP Board voted to incorporate a rolling membership structure, which allows you to sign up at any point during the year, and take advantage of a full year of membership benefits, meeting and education discounts as well as other membership opportunities. The vast majority of ISHP Members are set to renew their membership in the Fall, so please make sure you remember to process your renewal.

***DID YOU KNOW...***renewing now will give you a full year of membership, plus the member discounts you receive at our Fall or Spring meetings, **which will more than pay for your membership costs**, plus you get additional discounts on drop-in education as well as other activities throughout the year!

Please be on the lookout for membership renewal notice, and ACT NOW to update your membership renewal!

***Early Bird Registration for the Fall Meeting is Now Open!***

The ISHP Education Committee has worked diligently to develop an exceptional two-track CE program that will be stimulating and educational for your entire pharmacy team. PLUS, for the first time we are bringing pharmacy technicians the opportunity to get immunization certified, in the State of Idaho, with didactic and practical, hands-on immunization training. Pharmacy Technicians can take advantage of this opportunity through the regular 2-Track program or sign up for the Immunization Certification Workshop individually.

***"EXPANDING PHARMACY OPPORTUNITIES IN IDAHO: Pharmacy Professionals as a Vital Resource in Community, Critical and Emergency Care Settings"***

The organizing committee is bringing in national, regional and statewide experts to tackle topics that are ever pressing in today's pharmacy practice. Two workshop settings will provide hands-on, application-based learning opportunities for both pharmacists and technicians. Moreover, you will have the opportunity to gain your Idaho Pharmacy Law and Sterile Compounding CE requirements while at the meeting. Over 25 industry participants are partnering with the ISHP to make this meeting a great success. We look forward to giving everyone an opportunity to network, learn and unwind with your colleagues over the course of the weekend. Make a plan to join your fellow pharmacy colleagues and leaders for a weekend that will provide you with the latest in cutting edge pharmacy information and provide the perfect opportunity to gain 15.5+ hours of nationally accredited, ACPE-approved CE credits for pharmacists and 13.5+ CE credit hours for pharmacy technicians.

**REGISTER BEFORE SEPTEMBER 1st and SAVE \$\$\$\$**

**ATTEND ALL 3-DAYS AND GET ADDITIONAL SAVINGS USING THE DISCOUNT CODE:**

**SUPERCE2017**

Please do not forget to book your room in Sun Valley at the ISHP's pre-negotiated rates in order to save a bundle. You must book your room before September 1st in order to take advantage of the savings.

**BOOK YOUR NOW at the following link:**

**[www.sunvalley.com/lodging#/groups/0917ISHM](http://www.sunvalley.com/lodging#/groups/0917ISHM)**

***We look forward to seeing you in Sun Valley!***

