



## QUARTERLY UPDATE

### President's Message

*ISHP President, Ianitza (Nitz) Bankova*

*Dear ISHP Members,*

I hope you are enjoying the beautiful fall season across our state. It is with great excitement that I write to you my first ISHP President's Message. Serving as your president this year is an incredible honor, and I'm looking forward to working with you and helping our organization reach our professional goals.

#### ***New Board of Directors***

First, a heartfelt *WELCOME* to our new members of the Board of Directors for 2023-2024:

- **Lindsay Crawford** – President-Elect
- **Kelly Krawtz** – Programs Chair
- **Audra Sandoval** – Professional Affairs Chair
- **Charlene Harper** – Technician Representative
- **Jordin Millward** – ISU Representative



I am looking forward to working together this year and seeing what we can accomplish! **THANK YOU** for your dedication to our profession.

And while a simple **THANK YOU** isn't nearly enough, my sincerest gratitude to our outgoing Board Members for all they have done over the past (several!) years:

- **Elaine Nguyen** – Immediate Past President
- **Leslie Lamontagne** – Programs Chair
- **Jen Adams** – Professional Relations Chair

- **Jessica Whipkey** – Technician Representative
- **Erin Berry** – ISU Representative



I hope your involvement on our Board has been meaningful and fulfilling, and I hope you know how valued your contributions have been.

### ***Fall Conference Success***

Our Education Committee just hosted yet another fabulous Fall Conference in Sun Valley. Thank you to **Leslie Lamontagne, Anna Hoenke, Caroline Merritt** and the entire **Education Committee** who worked incredibly hard to gather us all for a weekend of exceptional education programming and networking opportunities. The annual Fall Conference is such a special time for me and for many of our members, and it couldn't happen without the endless efforts of these Board Members and our many volunteers. Thank you also to all of our speakers, our industry sponsors, and of course our members who were able to attend!

### ***Strategic Planning Overview***

Our Board of Directors recently met for our annual strategic planning session on Nov 2<sup>nd</sup>, 2023. There was excellent discussion and excitement around charting a clear path forward for our organization and defining our goals specific to our three strategic priorities for the coming year:

1. ***Professional Development*** – expanding opportunities for various types of professional development throughout the year following the decision to move to one annual educational conference
2. ***Advocacy*** – identifying and advocating for our association's legislative priorities based on the needs of our membership
3. ***Membership and Sustainability*** – expanding our membership and soliciting involvement in the types of programming our members would like to see

The final version of our 2024 Strategic Plan will be voted on at the December Board meeting, and if approved will be shared with our membership shortly thereafter.

### ***ASHP Presidents Retreat***

I recently had the privilege of attending the 2-day virtual ASHP Presidents Retreat along with President-Elect, **Lindsay Crawford**. This was a valuable experience where we gained insights from ASHP about the work our affiliate organization is doing on a national level. In addition, we were able to network with executive committee members from other states across the country, share ideas and experiences, and learn from each other's strengths and opportunities for growth.

#### ***Priorities and Goals for the Coming Year***

With every new year come new opportunities! The following are a few goals and priorities I hope our organization will be able to focus on in the coming year:

1. ***Diversifying*** events and programming offered throughout the year as a replacement for the spring educational conference. Ideas include more robust involvement in Advocacy and Legislative Day, appreciation events for our industry partners, pharmacy leadership sessions, and student/resident programming.
2. ***Leveraging*** the recent reinvigoration of the Idaho Pharmacy Leadership Council (IPLC) and the community this has created between ISHP, the Idaho

Board of Pharmacy (BOP), Idaho State Pharmacy Association (ISPA), and the Idaho State University College of Pharmacy (ISU). We can use this platform to share our organization's goal and unify our approaches to pharmacy advancement across the state of Idaho.

3. **Strengthen** pharmacy technician involvement in ISHP including educational programming and committee leadership.

In closing, thank you all for being a part of ISHP. I am committed to maintaining open communication with our membership, and if you have any questions, ideas, or concerns, please don't hesitate to reach out to me or anyone on our Board of Directors. I also want to emphasize that the involvement of our members is critical to ISHP's success! Whether you have a specific passion, a great idea, or simply a desire to contribute, there's a place for you on our team. I'm excited for the year ahead, and I look forward to working with you all.

*Warm regards,*  
Ilanitza (Nitz) Bankova, ISHP President

## ISHP BOARD NEWS

### Executive Director's Message

*From ISHP Executive Director, Caroline Merritt*

Thanks to everyone who joined us in Sun Valley for our annual Fall Conference! It's always great to get back to Sun Valley in the Fall when the weather is gorgeous. With more than 100 attendees and strong support from our industry partners, the meeting was a great success!

Once again, the ISHP Education Committee put together a great program with tracks for pharmacists, technicians, and students. In addition to the educational opportunities, there was also plenty of time for networking and getting to know your fellow pharmacy professionals during the reception and the breaks.

During the Conference, ISHP highlighted our efforts to get more technicians involved in our organization. To help promote this, we are offering two technician memberships for the price of one. If you are interested in purchasing the 2 for 1 technician memberships, please visit our ISHP store at <https://ishp.wildapricot.org/ISHP-Store>.

If you're planning to claim CE credit for the meeting, please make sure you've submitted the required tests and evaluations by December 1, 2023. After this date, ACPE will not allow attendees to claim credit, so be sure to complete all the required steps in the next few weeks.

If you've never attended an ISHP conference, please consider doing so in 2024. Save the date for our 2024 Fall Conference in Sun Valley on October 11-13, 2024. Our conferences and the sponsorships we receive from our industry partners support the work of ISHP all year long, so we encourage you to participate.

Thanks for your continued support of ISHP!



### ISHP Education & Programs

*From Education & Programs Chairs:*



**Fall Conference Reflection:** Thank you to everyone that attended and spoke at the ISHP 2023 Annual Fall Conference in Sun Valley in October. As always it was a beautiful fall weekend in Sun Valley and there were so many great topics on the pharmacist and technician tracks that I am excited to integrate the knowledge I learned into clinical practice.



**2024 Meeting:** Since the Spring Meeting is no longer occurring we are already turning out attention to the 2024 Fall Conference. Please be on the lookout in the coming months for a needs assessment so we can pick topics that you our members want to hear about. We also will be looking for potential speakers. If you have any interest in speaking at next years conference and have a topic you are passionate about please reach out to us at [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)

**Goodbye:** Lastly I would like to thank everyone that I have worked with the last 4 years as programs chair. It has been a great experience and I have met a lot of great people through this position. I am looking forward to enjoying the conference as a member in the coming years. Please join me in welcoming Kelly Krawtz as the new programs chair! I know that Kelly and Anna will plan a great 2024 Fall Conference along with other educational opportunities.

Thank you!

## ISHP Administrative Affairs

From ISHP Administrative Affairs Chair: Stephanie Croteau

This year the **Administrative Affairs Committee** set out to develop a plan to maintain and follow a policy review calendar. The board voted on a proposal that evenly distributed our policy review calendar over a three year period and will allow us to achieve our policy review requirements.



The committee has completed more than half of their set forth policy work for this year and has plans to complete our year end targets. We are thankful to the members who have supported this policy work and look forward to continued progress and success in 2024.



## Save the Date!

ISU/ISHP/ISPA Legislative Day at the state Capitol

ISHP is already working on plans for the annual Pharmacy Day at the Idaho State Capitol coming up this January 15th.

Typically held each spring during the Martin

Luther King Holiday, Pharmacy Day at the Capitol features the many roles that Pharmacists and Pharmacy Technicians can serve in the community, within health systems, all across the state.

ISU Pharmacy Students will be on hand to provide health screenings and vaccinations. They will also have posters, presented on the 4th floor of the rotunda, highlighting the latest in pharmacy advancements.

### **Legislative Reception**

Following the day long event, ISHP and ISPA will host legislators at a legislative reception, allowing pharmacists and pharmacy technicians to discuss key issues facing pharmacy and pharmacy practice.

So **SAVE THE DATE** - January 15th, 2024!

## **BUSINESS MEETING HIGHLIGHTS**

### **ISHP Budget Update**

*From ISHP Secretary-Treasurer: Leslie Wilson*

**ISHP is committed** to maintaining its financial sustainability even in the face of challenges experienced in the past few years. As many of you are aware, we suffered some heavy losses in 2020 and 2021, but fortunately the leaders who came before that time had built up enough reserves to keep us afloat. We turned a corner last year with a modest net revenue of about \$5,000 and we are on track to break even this year. Check out the budget overview below that was shared during the Fall Conference. The 2023 year-to-date numbers are only through June, so keep in mind that these numbers do not include any income/expenses for the Fall Conference.



Year	Income	Expenses	Net Income
2019 End of Year	\$127,198.40	\$98,219.80	\$29,175.96
2020 End of Year	\$46,373.16	\$55,652.22	(\$9,279.06)
2021 End of Year	\$31,497.36	\$52,868.74	(\$21,371.38)
2022 End of Year	\$109,348.30	\$104,329.17	\$5,019.13
<b>2023 YTD (Jan-June)</b>	\$56,456	\$30,475	<b>\$25,981</b>

The 2024 Budget has been finalized and was presented to the membership at the Fall Conference. We've made some important updates: we've removed income and expenses linked to the Spring Meeting since that was sunset this year; we've added a new registration option for the Fall Conference intended for industry attendees; and the tough decision was made to increase membership dues, in part due to inflation, but also to help build back up those reserves we used in 2020/2021. The new dues, shown below, will go into effect January 1, 2024.

- Pharmacist Active Member **\$125: increased to \$135**
- Pharmacist Retired **\$50: increased to \$55**
- Non-pharmacist associate member **\$125: increased to \$135**
- Pharmacist Resident/Postgrad Fellow: \$80 unchanged
- Pharmacist Active Member New Grad: \$80 unchanged
- Pharmacy Technician: \$35 unchanged
- Pharmacist/technician student (outside of ISU): \$25 unchanged (new category for 2024)

**Wondering how members of ISHP can help?** You can help by renewing your membership, attending conferences and events, encouraging your friends and colleagues to join ISHP, and consider getting involved on a committee or position on the board. As always, please email us at [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com) if you have any revenue generating ideas!

## MEMBER AWARDS

### Katie Erickson Finishes Presidential Term

**ISHP President, Katie Erickson, officially concluded** her term as ISHP President during the Saturday of the ISHP Fall Conference. Dr. Erickson helped empower and strengthen the organization and profession of pharmacy throughout the year with her steadfast work in member outreach, updating and creation of new policies for expanding care, and also the rebranding of ISHP. As a capstone towards her year and accomplishments as president, she was awarded an ASHP Service Award by incoming President, Nitz Bankova.



### Naidoo Recognized as Pharmacist of the Year!

PACT Supervisor and PGY2 Residency Program Director, Sarah Naidoo, PharmD, BCPS, BCACP, was awarded Pharmacist of the Year during the ISHP Business Meeting at Sun Valley.

*From the nomination:*

Sarah started with the VA as a Primary Care (PACT) Pharmacist over 13 years ago. Her compassion for patient care and passion for developing the profession of pharmacy has shown through with her work as a preceptor for the ambulatory residency program and now serving as the program director. Her work and dedication has made the Boise VA PGY2 Residency one of the most sought after programs in the country, with many graduates choosing to stay and practice in Idaho. Please help us congratulate Sarah on this prestigious award!



### Knudsen Tabbed as Pharmacy Technician of the Year!

Pharmacy Technician, Annie Knudsen, CPhT, was awarded Pharmacy Technician of the year for 2023. Annie is the Operations and Outreach Specialist at the Prescription Pad.

*From the nomination:*

Annie truly cares about the profession of pharmacy, patients and the community she serves. In her current role, she works to optimize care for patients. In doing so she has naturally stepped into an advocacy role, working





to develop new and stronger pharmacy services in the community. Her work has been impactful due to the added complexity of providing care in the rural setting. In her free time, Annie has served as a member of the ISHP Board of Directors. Please help us congratulate Annie on this tremendous recognition.

## Arielle Arnold Receives Award for Preceptor Excellence

Saint Alphonsus Regional Medical Center Residency Program Coordinator, Arielle Arnold, was given the Preceptor Excellence Award at ISHP's Fall Conference.



### *From the nomination:*

Dr. Arnold is an outstanding preceptor who is committed to providing excellent training for the future of the pharmacy profession. She has high expectations for her students and residents and guides them towards meeting these high standards. Dr. Arnold's students have given her high praise, stating that she is very passionate about the role of pharmacy in Emergency Medicine and Pharmacy in general. Dr. Arnold is a tremendous example of what true commitment to the profession of pharmacy really means.

## Dr. Barb Mason ISHP/I-LEAD Leadership Award

***Past ISHP President, Barb Mason was honored with the renaming of ISHP's Leadership Award, which will now be identified as the Dr. Barb Mason ISHP/I-LEAD Leadership Award, in honor of Dr. Mason's longstanding commitment to developing leaders within ISHP and Pharmacy across Idaho.***

### *From the nomination:*

Dr. Mason has been a pillar of pharmacy practice for well over 35 years, serving as a past president of ISHP, as well as a long time contributor to the development of the I-LEAD program.

This year, Barb will be hanging up her white coat as she officially retires from her work with the ISU College of pharmacy and Boise VA, where she is Director of the Teaching and Learning Curriculum Program for pharmacy residents in the Treasure Valley and has worked with over 60 residents who have earned that credential. She has been recognized as Teacher of the Year, Most Influential Professor and National Advisor of the year for Phi Lambda Sigma, not to mention serving as a formal and informal mentor to so many pharmacists throughout the years.



## Whitney Cooley receives first Barb Mason ISHP/I-LEAD Leadership Award

***Director of Pharmacy for Mountain View Hospital, Whitney Cooley, was***

**announced as the first recipient of the newly named Barb Mason ISHP/I-LEAD Leadership Award.**

*From the nomination:*

Dr. Cooley has been a long time active member with ISHP, most recently volunteering to speak at last Spring's ISHP Leadership Conference. She has also personified what it means to be a true leader, empowering her team, as evidenced by her commitment towards their development. From the very first year of I-LEAD, one of Dr. Cooley's staff has been encouraged to take part in the Leadership Certificate program. Whitney also frequently takes part in the monthly I-LEAD seminars, both supporting her team but also being a role model for others to follow. For this, and so many other reasons why, ISHP is proud to recognize as this year's recipient of the Dr. Barb Mason ISHP/I-LEAD Leadership Award for 2023!



## Excellence In Service Award

**Past ISHP President, Rob Wills was recognized with the Kent Quickstad Excellence in Service Award,**

*From the nomination:*

Rob has continually demonstrated selfless contributions to ISHP, serving on the board in a number of roles, including twice as president in 2013 and again in 2018. We are grateful that he has shared his leadership expertise with pharmacy professionals across the state, the ISHP Board, delivering of continuing education and through his work with I-LEAD.



### 2023 Award Winners

Here is the full list of award winners of the ISHP Awards and Poster Competition Winners at the Fall Conference Business meeting.

#### 2023 ISHP Award Winners

- **Pharmacist of the Year** – Sarah Naidoo
- **Technician of the Year** – Annie Knudsen
- **Leadership Award** – Whitney Cooley
- **Preceptor Excellence** – Arielle Arnold
- **Excellence in Service** - Rob Wills



#### 2023 Poster Competition

##### Pharmacist Posters

1. **First Place** – Jordan Millward

##### Resident Posters

1. **First Place** – Sophia Manczurowsky
2. **Second Place** - J. Andrew Hopkins
3. **Third Place** - Michael Burkett



## Student Posters

1. **First Place** – Wendy McConnell
2. **Second Place** - Madison Kalke
3. **Third Place** - Bryndin McKenzie
4. **Honorable Mention** - Melissa Hebein

# LEGISLATIVE NEWS

## ASHP House of Delegates Update

*From ASHP Delegates for Idaho:  
Audra Sandoval & Vicki Wallace*

Our two delegates from Idaho, Audra Sandoval and Vicki Wallace have been actively reviewing proposed policies at the November virtual summit. [The Polices under consideration](#) are:

### **Council on Pharmacy Practice**

- End of Life Treatment and Care
- Standardization of Oral Liquid Medication Concentrations
- Pharmacist's Role in Providing Care for an Aging Population

### **Council on Pharmacy Management**

- Pharmacist Leadership of Pharmacy Practice
- Documentation of Patient-Care Services in the Permanent Health Record
- Pharmaceutical Distribution Systems

### **Council on Public Policy**

- Licensure of Pharmacy Graduates

### **Council on Education and Workforce Development**

- Promotion of the Pharmacy Profession

### **From Audra**

It has been a pleasure being one of the Idaho delegates for the past 2 years, and I will honestly miss it! I have learned so much about advocacy, the ASHP policy-making process, and various other areas of pharmacy practice I previously knew nothing about. I also have enjoyed the networking opportunities, and was surprised at how welcoming other delegates/ASHP staff were at the in-person and virtual meetings.



If you are interested in learning more about the Delegate process, be sure to check out following video [\(28\) How an Idea Becomes ASHP Policy - YouTube \[youtube.com\]](#) and check out this page for more general information on HOD: [Resources to Help Serve as a Delegate - ASHP \[ashp.org\]](#)

If any members have comments or any thoughts on these or any other polices of ASHP, please contact Audra or Vicki. [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)

## ASHP House of Delegates

ISHP is currently accepting nominations for our next Idaho delegate to the ASHP House of Delegates, the ultimate authority in

establishing the professional policies of the organization. Idaho elects two representatives on a rotating basis to serve a two-year term to the ASHP House of Delegates (HOD) and will represent the ISHP on proceedings impacting the pharmacy profession nationally.



Nominated ASHP members will be added to the ASHP Delegate Ballot for Idaho and will be voted on via electronic ballot in December. ISHP opened delegate nominations at the ISHP Membership Meeting during our Annual Fall Meeting and will continue to accept nominations through Friday, December 1, 2023. Please nominate your colleagues by sending an email to [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com). Self-nominations are welcome!

## ISU COP News



### ISU Welcomes Class of '27

*From ISU COP Interim Dean: Tom Wadsworth*

The White Coat Ceremonies held for the Class of 2027 were remarkable, with faculty, as well as family and friends of our P1's and the College joining together in celebration. These special events took place in Boise on August 23 and in Anchorage on August 25, thanks to the generous sponsorship of the Albertsons Company. The ceremonies were graced by the warm welcome of dedicated faculty members from all campuses and professional association leaders who eagerly embraced the new cohort of aspiring pharmacists. In Boise, the Class of 2027 had the privilege of listening to the inspirational words of Dr. Julie Brown, an



esteemed alumna from the Class of 2011, while in Anchorage, Dr. Brandy Seignemartin, Executive Direct of the Alaska Pharmacist Association, took the stage as the keynote speaker. As students donned their white coats for the first time, the students felt a profound sense of honor and responsibility, symbolizing the trust they would earn and the knowledge they would acquire over the next four years, marking the beginning of their journey into the pharmacy profession.

## ISU Pharmacy Career Fair

*November 2-3 at the ISU Meridian Campus*

Multiple companies and recruiters were on hand at the 2023 ISU College of Pharmacy Career Fair held at their Meridian Campus. ISHP Board Member, Steph Croteau was on hand representing ISHP and talking with students about volunteer opportunities with ISHP. During the event, ISU COP Interim Dean, Tom Wadsworth stopped by to discuss his commitment towards the state pharmacy associations in Alaska and Idaho. Dr. Wadsworth has seen first hand the importance of advocacy through partnership with ISU and the state pharmacy societies. Huge thanks to Steph and ISU for allowing us to participate again this year!



## I-LEAD

### Congratulations to the Class of '23

This year's graduates of I-LEAD included Pharmacy Leaders from across Idaho and across the spectrum of care. All of them completed the required curriculum of monthly seminars, mixed with projects and involvement with the various ISHP committees. They also took part in last Spring's ISHP Pharmacy Leadership Conference, a first for ISHP and Idaho. We are excited to continue to follow them as they help lead the practice of pharmacy to new heights!

#### I-LEAD Class of 2023

- **Jose (Cheo) DeSoto**, CPhT - Mountain View - Idaho Falls
- **Megan Koyle** - PharmD VA Boise
- **Charlene Harper**, CPhT - Saint Alphonsus Nampa
- **Megan LaCrone**, PharmD - Saint Alphonsus Boise
- **Alaka'i (Maui) Montalbo**, PharmD - Merk, Mountain Home



[More info on I-LEAD](#)  
[Class of 2022 webpage](#)  
[Class of 2023 webpage](#)



## I-LEAD Welcomes New Fellows

I-LEAD also welcomed a new group of Fellows to the start of the I-LEAD year with a Leadership Retreat held at ISHP Fall Conference.

Each of the fellows took part in the ISHP Board Meeting and New Board Member Orientation. They then had an opportunity to share their story and take part in team building activities during the retreat.

With 7 incoming fellows, this is one of our largest I-LEAD classes with representation for all corners of Idaho.



### I-LEAD Class of 2024

- **Allyson Amstutz** - Pharmacy Infusion Auth Specialist - St. Luke's Health System
- **Chase Ayers** - BMT Oncology Pharmacist - St. Luke's Cancer Institute
- **Val Chisick** - Oncology Pharmacy Technician - St. Luke's Cancer Institute
- **Megan Flandro** - Anticoagulation Pharmacist - St. Luke's Health System
- **Monica Graybeal** - Director of Pharmacy - Heritage Health
- **Elizabeth Hammons** - Pharmacy Process Coordinator - St. Luke's Health System
- **Shelby White** - Pharmacogenomics Program Manager and Specialty Pharmacy Supervisor - VISN 20 Clinical Resource Hub, Veterans Administration.

[More info on I-LEAD](#)  
[Graduates of I-LEAD](#)  
[Class of 2024 webpage](#)

## We Want to Hear From You



If you would like to learn more about getting involved with ISHP, or have questions about mentoring, obtaining CE, or other ISHP programs, please reach out to us at [ISHPcontact@gmail.com](mailto:ISHPcontact@gmail.com)

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