

# ISHP Newsletter

Volume 32 #2

May 2022

**Idaho Society of  
Health-System  
Pharmacists**  
Newsletter Volume 32 # 2



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## President's Message

Elaine Nguyen

### My favorite time of the year

As you may recall from last year, this is one of my favorite times of the year. The grass is green and the flowers are blooming. While the changing season seems like enough of a reason for an extra smile, there is so much more to celebrate!

After two years, I was thrilled to see so many of you at our *in-person* Spring Meeting in early April. We appreciate the tremendous efforts of our **Education Committee**, led by **Leslie LaMontagne** and **Anna Hoenke**, for their work in putting together our meeting and offering us all excellent programming. Our meeting also would not have been possible without the generous support of our **industry sponsors** – **thank you for your continued partnership with ISHP**. During our meeting, announced the launching of our new **student mentorship program**. Thank you to our past and current Professional Affairs Chairs **Mikaela Elwell** and **Jen Adams**, respectively, for bringing this program to fruition and allowing us to offer this benefit to our membership.

Another thing to celebrate this time of year is graduations! **Congratulations to the graduating class of 2022!** We are all looking forward to this next chapter of your careers and know that the profession of pharmacy will serve you well. With the end of the academic year, ISHP says farewell to our 2021-2022 **student representatives Zachary Larson** and **Matthew Shin**. Thank you both for making our organization better. We are excited to welcome **Karson Lund** and **Brett Baerlocher** as our incoming student representatives, as well as **Erin Berry** as our **ISU faculty representative**. ISHP is fortunate for our longstanding relationship with ISU and know these new faces will continue to strengthen our relationship.

(Continued on page 3)

**2021 – 2022 ISHP  
Officers and Directors:**

President:	Elaine Nguyen
President-elect:	Katie Erickson
Past President:	Andrea Winterswyk
Secretary/Treasurer:	Nitza Bankova
Executive Director:	Caroline Merritt
Administrative Affairs:	Leanne Ertle
Education:	Anna Hoenke
Programs:	Leslie LaMontagne
Legal & Public:	Lindsey Hunt
Professional Affairs:	Jennifer Adams
Student Representatives:	Meridian – Brett Baerlocher Pocatello – Karson Lund
Technician Representative:	Jessica Whipkey
ISU College of Pharmacy Representative:	Erin Berry
Central Idaho Representative:	Vacant
Eastern Idaho Representative:	Vacant
Northern Idaho Representative:	Vacant
Newsletter Editor:	Kent Quickstad
Website Chair:	Rob Wills
ASHP Liaison:	Anne Policastri

**EZ contact information:**

All of these Officers and Directors can now be reached at one place!

[ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)

If you are interested in helping us out with one of the vacant positions, please contact ISHP President Elaine Nguyen, the ISHP Office or go to <https://ishp.wildapricot.org/Get-Involved!> for more information.

Thanks!



**Open Board Positions**

Each fall positions open for our Board of Directors. Open positions for the 2022 – 23 Board include:

**President-Elect, Secretary-Treasurer, Administrative Affairs, Education, Legal & Public Affairs**

For more information and links to position descriptions, please scroll down to page 11

## President's Message

(Continued from page 1)

ISHP is excited to welcome other new faces to our leadership team with upcoming open positions on our Board of Directors. Please see the bottom of the previous page for the open positions and page 11 for links to the position descriptions. During this time of year, we will also soon be opening up our award nominations. Scroll down to page 10 for awards and poster information. Consider nominating yourself or somebody you know for a position on our Board and/or an award. ISHP welcomes the opportunity to recognize our members for their outstanding skills and contributions

As always, ISHP is looking forward to the future and staying busy. We have been reviewing the results our 2022 needs assessment, and thank you to our members for sharing their opinions. Please see page 5 for a brief overview of the results. I am happy to share that we are beginning our **rebranding** efforts, led by **Andrea Winterswyk**. This initiative is in alignment with our recently updated mission and vision, and will allow us to provide an image that better supports our evolving profession and membership needs.

Last but certainly not least, we want to celebrate the incredible professional career of **Kent Quickstad**. He has put together the newsletter that you all are reading now, and has been doing so for nearly three decades. If you know ISHP, you know Kent and his selfless contributions to this organization and the entire profession of pharmacy in Idaho. Kent has been serving on the ISHP Board of Directors since the early 1990's and has received our prestigious Lifetime Honorary Member award. ISHP is truly fortunate for Kent's leadership, and it is on his shoulders that our organization stands today. We say goodbye to Kent as our Newsletter Editor as we wish him all the best in a much-deserved retirement. Please take the time to thank and celebrate Kent!

THANK YOU, KENT!!!

Wishing you all the best and a wonderful and safe spring and summer season!

Kind regards,

*Elaine*



### **Mission:**

*To optimize patient outcomes through the support and promotion of pharmacy professionals as essential members of the healthcare team.*

### **Vision:**

*ISHP is the leader in the development of and advocacy for Idaho pharmacy professionals.*

### **ISHP Meetings:**

**Fall 2022 – September 23, 24 & 25<sup>th</sup>**

**In person in Sun Valley!**



**Room reservations in  
Sun Valley  
available now!**

**Stay tuned for  
meeting details**

## And a few words from the Education Committee

**Leslie LaMontagne and Anna Hoenke**

First off, thank you to everyone who attended the Spring Meeting! As our first in person event in several years it was great to see everyone's faces and makes us look forward to the **Fall Meeting in Sun Valley** even more! Thanks to those of you who filled out the needs assessment (scroll on down to the next page for the needs assessment results), we are taking that feedback and trying to incorporate it into the planning of the meeting. We are already working on selecting topics with a balance between outpatient and inpatient topics. With some topics including **medication safety**, an **HPV presentation by the American Cancer Society** and more. Mark your calendars for September 23<sup>rd</sup>- 25<sup>th</sup>!



Thanks!

*Leslie & Anna*

**As a reminder the Idaho CE timeframe is January 1 to December 31 of each year.**

If you are running short on CE, ISHP offers ACPE accredited CE twice a year at our Spring and Fall meetings.

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### ISHP Treasurer's report



**Nitza Bankova**

ISHP hosted its first in-person meeting in 2 years this April! With 34 registered attendees, 10 vendor companies, and a low-cost venue, this was a great jumpstart to our revenue generation for calendar year 2022. Plans are in full swing for a robust Sun Valley Fall 2022 meeting with hopes of further growing our reserve funds which have been decreasing throughout the COVID pandemic.

The ISHP finance committee met in May to continue discussions on membership dues, conference fees, and corporate sponsorship programs which we hope to roll out for the Fall 2022 meeting. Soon the committee will start working on the 2023 budget. The current ISHP 2022 Budget can be found at: [2022 ISHP Budget FINAL.xlsx - Google Sheets](#)

Anyone interested in joining the Finance Committee is encouraged to reach out to [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com).

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### ISHP launches mentorship match program – calling all mentors!

At the ISHP Spring meeting, ISHP announced a new **Pharmacy Mentorship Match Program (PMMP)** that looks to match pharmacist mentors in various practice settings with interested student pharmacists. We are currently recruiting mentors through summer 2022 that we will match with mentees after school begins in the fall. PMMP participants will be invited to meet in-person at the 2022 ISHP Fall Meeting in Sun Valley. We know our pharmacist members will have much to offer the future of our profession and we hope that you will apply to serve as a mentor.

[Pharmacy Mentorship Match Program \(PMMP\) Mentor Application](#)



## Results of the 2022 ISHP Member Needs Assessment



Thank you to all of our members who took the time to respond to our needs assessment! Our Board of Directors and committees have been reviewing the results to better tailor our membership offerings. An overview of the results is provided below. Please contact [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com) for any additional data or questions. We also want to hear any ideas that you may have on how we can better serve our membership!

### Overview:

- The needs assessment was distributed electronically to members in February 2022.
- There were 56 respondents, although not all respondents answered every question. (Please note that the denominator used for calculating reported percentages was out of respondents for that specific section or question.)

### Respondent Demographics (n=44):

- Most respondents were pharmacists, practicing in the hospital setting, and having been in practice for 20+ years.
- Background: Pharmacists: n=31 (70%); Technicians: n=6 (14%); Students: n=6 (14%); Other: n=1 (2%)
- Most common practice settings: Hospital pharmacy: n=18 (41%); Community pharmacy: n=14 (32%); Other: n=11 (25%); Ambulatory care: n=9 (20%)
- Years in practice: 0-5 years: n=11 (25%); 6-10 years: n=6 (14%); 11-20 years: n=8 (18%); 20+ years: n=19 (43%)

### Membership Benefits (n=51):

- Most respondents were very or extremely likely to renew their membership and continuing education, professional updates, and fueling growth of the pharmacy profession were the three most valuable membership benefits.
- Likelihood of membership renewal: Extremely: n=18 (35%); Very: n=16 (31%); Somewhat: n=7 (14%); Not likely: n=4 (8%); Not sure: n=6 (12%)
- Most valuable membership benefits (respondents were asked to select top three): Continuing education: n=35 (69%); Professional updates: n=30 (59%); Fuels growth of pharmacy profession: n=22 (43%); Networking: n=21 (41%); Advocacy: n=16 (32%); Involvement/leadership opportunities: n=15 (29%); Represents my interests: n=8 (16%); Socializing: n=8 (16%)

### Educational Needs (n=47):

- Respondents favored continuing education (CE) that was both live and virtual presentations/lectures.
- CE to meet needs (select all that apply): Live presentation/lecture: n=27 (57%); Virtual presentation/lecture: n=27 (57%); Live facilitated discussions: n=18 (38%); Recorded presentations: n=17 (36%); Panel discussion: n=15 (32%); Hands-on/simulations: n=12 (26%); Virtual facilitated discussions: n=9 (19%)

# ASHP House of Delegates

## Paul Driver and Audra Sandoval



Audra and Paul both attended the Regional Delegates Conference (RDC) in late April and early May. Thirty polices and four ASHP Statements were presented and discussed. This year, the Chair of the House of Delegates decided that as a result of those discussions, virtual meetings would be held May 13-19, prior to the meeting in June to vote on twelve of the polices and all four of the ASHP Statements. These policies and statements seemed to generate the least controversy during the RDC. The purpose of these early meetings would be to allow more time for amendment and discussion at the House of Delegates (HOD) meeting in June for the remaining policies. Some of these polices may still be presented in June if they do not reach the 85% approval threshold via the virtual vote. The policies to be voted upon on May 13-19 include:

- **Career Counseling**
- **Workforce Diversity**
- **Advancing Diversity, Equity and Inclusion in Education and Training**
- **Revenue Cycle Management and Reimbursement and Pharmacist Compensation in Drug Product Dispensing**
- **Pharmacy Executive Oversight of Areas Outside of Pharmacy**
- **Screening for Social Determinants of Health**
- **Hospital-at-Home Care**
- **Promoting Telehealth Pharmacy Services**
- **Tamper-Evident Packaging on Multidose Products**
- **Pharmacist's Role in Medication Procurement, Distribution, Surveillance, and Control**
- **Drug Desensitization**
- **Pediatric Dosage Forms**
- **All Four ASHP Statements**
  - **Role of Pharmacy Workforce in Emergency Preparedness**
  - **Pharmacist Prescribing of Statins**
  - **Role of Pharmacists in Primary Care**
  - **Telehealth Pharmacy Practice**

The remaining policies will be discussed and voted upon during the June 12<sup>th</sup> HOD meeting in Phoenix during the ASHP Annual Meeting. Any of the above polices that did not meet the 85% vote will also be discussed at that meeting for further approval. The polices that had the most discussion during the RDC's and will be on the agenda in June include:

- **Cultural Competency**
- **Role of Pharmacists Service-Line Development and Management**
- **Value-Based Purchasing**
- **Financial Management Skills**
- **Health-System Use of the Drug Products Provided by Outside Sources**
- **Stigmatizing and Derogatory Language in Healthcare**
- **Autoverification of Medication Orders**
- **Universal Vaccination for Vaccine-Preventable Diseases in Healthcare Workforce**
- **Pharmacy Workforce's Role in Vaccination**
- **Patient Disability Accommodations**
- **Most-Favored Nation and Drug Pricing Proposals**
- **Post-ICU Syndrome**
- **Use of Veterinary Compounds in Human Subjects**
- **Use of Intravenous Products for Inhalation**

- **Enrollment of Underrepresented Populations in Clinical Trials**
- **Substance Use Disorder**

As you can see, our delegates have a lot on the agenda for June in Phoenix. If you have any questions or input to any of these polices, please contact either Audra or Paul.

Thank you, and is a pleasure to serve as the Delegates from Idaho.

*Audra and Paul*

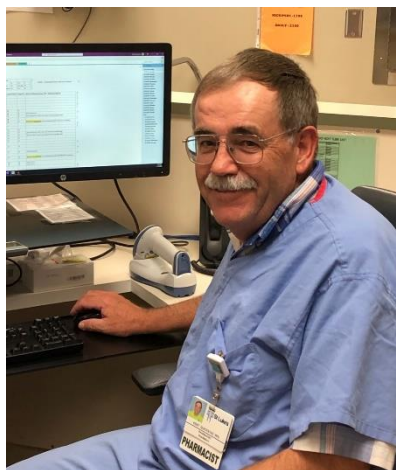
For more information about the ASHP House of Delegates, please see their webpage at:

[ASHP's House of Delegates webpage](#)

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## **ISHP Member News:**

An open letter to ISHP members:



As Elaine has mentioned in her President's Message, I have resigned my Board position as the ISHP Newsletter editor. I have had the pleasure of serving in this capacity since 1995. As ISHP looks to rebranding its image, I felt that this is a good time to step down. This also coincides with my retirement as a staff pharmacist from St. Luke's. After 39 years at the Boise hospital, I have decided to change my schedule to (as a good friend, retired pharmacist and ski buddy refers to it), 7 OFF/7 OFF.

My involvement with ISHP began shortly after graduating from ISU in 1983. Over the years I have held several Board positions and had the honor as serving as your President from 1994 to 1996. Yes, it was a two-year term back then with another year as President-Elect followed by two years as Immediate Past President. It was during that time that we change our name from the Idaho Society of Hospital Pharmacists to the more inclusive, Idaho Society of Health-System Pharmacists. One of the highlights of my career was receiving Honorary Lifetime Membership in ISHP in 2018. Since our inception in 1956, only 11 individuals have been selected as ISHP Honorary Members. For this I am truly humbled. Additionally, I have had the privilege to work with many other dedicated and inspiring individuals throughout the state serving ISHP over those years. Editing the quarterly newsletter, I hope that you have found this to be a worthwhile source of information from our dynamic and progressive society. I will miss doing this and thank you for putting up with me!

So, what is next as I enter into retirement? I look forward to sleeping in until 6:30 or 7:00. There are many golf courses that I still want to play, many miles to put on the bicycles, books to read, traveling that my wife and I want to do, projects around the house and time to spend with the family. I don't think that I will be bored for a while. However, being around the house more often, I am sure that it will only be a short period of time before my wife encourages me to get out of the house and go play golf or ride the bike!

My father was a physician and after he retired, he said that he did not miss the practice of medicine but he missed the people that he worked with. I feel that I will miss the practice of pharmacy somewhat, but I am sure that I will miss the people that I worked with.

Thank you for the opportunity to serve in and be a part of ISHP. It has been my honor,

Kent Quickstad

## Students Represent Idaho State University College of Pharmacy in APhA-ASP National Patient Counseling Competition

Emily Knowles, PharmD Candidate 2023; Anne Reyes, PharmD Candidate 2023  
Anushka Burde, PharmD, Pocatello PPSA Advisor; Kevin Cleveland, PharmD, Meridian PPSA Advisor; Renee Robinson, PharmD, Anchorage PPSA Advisor

The major objective of the APhA-ASP National Patient Counseling Competition is to encourage and support student pharmacists to become better patient educators, promoting further professional development of the student pharmacist and reinforcing the role of the pharmacist in improving medication use and advancing patient care.

The competition begins on the local level as students compete to be the national representative from their school or college of pharmacy. Once the local winner from each school or college of pharmacy is decided, this individual will then compete on the national level at the APhA2022 Annual Meeting & Exposition in San Antonio, TX.

Each year student pharmacists from all three campuses of Idaho State University's (ISU) College of Pharmacy (Pocatello (ID), Meridian (ID), and Anchorage (AK)) compete in the APhA-ASP National Patient Counseling Competition. This year's local competition took place February 7th to February 11th and the College of Pharmacy is proud to announce that first place went to **Savannah Bravo!** Savannah, a third-year pharmacy student on ISU's Meridian campus is originally from Coeur d' Alene, ID where she loves hiking, camping, and enjoying time on the lake during summer and during winter spends her free time skiing. Savannah will go on to represent ISU as she progresses to the national competition taking place March 17th to March 19th. Let's wish her luck.



Savannah Bravo  
(P3)

We would also like to recognize our second and third place winners; **Desiree Molina** and **Sage Nielson**.

Desiree, a second-year pharmacy student on ISU's Anchorage campus is from Palmer, AK. Desiree enjoys working part time as a barista at Palmer Coffee Company.



Desiree Molina  
(P2)

Sage Nielson, a second-year pharmacy student from Tremonton, UT studies at ISU's Pocatello campus. She loves playing tennis and basketball.



Sage Nielson  
(P2)

Thank you to all who participated in the competition and congratulations to the top three winners!



## I-LEAD News & Updates:



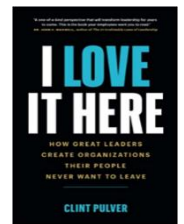
- *This May the I-LEAD Fellows are finishing* their third quarter of the year, focusing on leading organizations. The section includes defining your Mission and Vision along with a leadership book club (see below).

- ***I-LEAD published in AJHP*** – The American Journal of Health System Pharmacy recently published an article on the I-LEAD program following its first 4 years of development. Shout out to Lindsey Hunt, Chris Oswald, Barb Mason and Lindsay Crawford for all their hard work being a faculty member and in the design of I-LEAD as it continues to meet the needs of today’s Pharmacy Leader.
- AJHP I-LEAD Article [\*Creation of a pharmacy leadership certificate program for pharmacists and pharmacy technicians using an innovative, low-cost framework\*](#)  
*American Journal of Health-System Pharmacy*, zxac093, <https://doi.org/10.1093/ajhp/zxac093>  
**Published:** 30 March 2022

- ***Welcome Andrea Winterswyk*** – The I-LEAD team is excited to announce that Andrea Winterswyk, past ISHP President, has agreed to join the I-LEAD as a faculty member and program coordinator. Andrea has a strong background in leadership stemming back from when she was a student at ISU College of pharmacy and resident at the Boise VA. She has continued to lead Idaho pharmacy since then with the expansion of ambulatory pharmacy psych services with the VA and her term as President of ISHP. We are looking forward to having Andrea help us strengthen and diversify the I-LEAD curriculum and mentoring of the next class of pharmacy leaders!



- **Spring Leadership Book Selection**  
The I-LEAD program have selected [“I Love it Here: How Great Leaders Create Organizations Their People Never Want to Leave”](#), by [Clint Pulver](#), as their Spring book selection.



**BACKGROUND** The I-LEAD fellows are practicing technicians and pharmacists that attend seminars, teach classes and complete projects all leading towards a certificate in organizational leadership. This current book was chosen as a part of quarter 3, leading organizations, being led by Saint Alphonsus Pharmacy Manager, Chris Oswald.

### Class of 2023 I-LEAD applications

I-LEAD is currently [accepting applications for the 2022 – 2023 program year](#). Applications will be accepted until June 24<sup>th</sup>

#### [Application Link](#)

The next class will start with an orientation in August and I-LEAD retreat at the ISHP Fall Conference in Sun Valley, Sept 23 – 25<sup>th</sup>.

For additional information, check out the [I-LEAD page on the ISHP Website](#).

#### **In terms of timeline, here is a general outline:**

- June: Applications Open
- July: I-LEAD Fellow Class of 2023 announced
- August: New Fellow Orientation
- September: I-LEAD retreat at Fall conference

By completing the program, you receive a Certificate in Organizational Leadership which is recognized by several University Programs as transfer credit towards an MBA or MHA (BSU, ISU and Univ of Wyoming). For questions, please feel free to reach out to Rob Wills ([willsr@slhs.org](mailto:willsr@slhs.org)) or Lindsey Hunt ([Lindsey.Hunt@va.gov](mailto:Lindsey.Hunt@va.gov)).

## From the ISHP Office - Executive Director's Message

### Caroline Merritt



On Saturday, April 9th, ISHP returned to an in-person Spring Meeting for the first time since prior to the COVID-19 pandemic. The Education Committee did a fantastic job of organizing great content for the 35 Pharmacists and Technicians who attended. ISHP is planning an in-person Fall Conference September 23-25, 2022 in Sun Valley, and we hope to see you there!

The 2022 Legislative Session officially wrapped up on March 31st. Between redistricting, legislators leaving to seek higher office, and retirements, there will be a great deal of turnover next year which will require a great deal of education for new legislators. As we approach the May 17th primaries and the November general elections, I would encourage all of our members to get to know the candidates running in your area and to learn more about their views on healthcare. If you have insight on your local legislative candidates that you'd like to share with ISHP, don't hesitate to reach out to us at: [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)

It's important that we identify and support candidates who will be there for us as we work to advance issues that are important to the pharmacy profession. As we approach the 2023 legislative session, ISHP will keep you updated on ways to engage in the legislative process.

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## ISHP Annual Awards & Poster Session

Do you know a pharmacist, pharmacy technician or pharmacy student who deserves recognition for their contributions to the profession? If so, now is the time to starting thinking about annual award nominations for the following award categories:

- Pharmacist of the Year
- Pharmacy Technician of the Year
- Student Leadership
- ISHP Excellence in Service
- Preceptor Excellence
- Pharmacy Innovator
- Excellence in Research or Quality Improvement



Award recipients will be announced during the 2022 ISHP Annual Fall Conference, as part of the Saturday Membership Meeting in Sun Valley on September 24<sup>th</sup>. We are also planning on another poster session – get those poster ideas together and share your fine work with other ISHP members. Stay tuned for additional details on the poster session and award nomination forms!



### ISHP ANNUAL FALL CONFERENCE SEPTEMBER 23-25TH SUN VALLEY RESORT, IDAHO

Be sure to block your calendar for the return of ISHP Sun Valley! After two long years the most anticipated event of the fall returns, featuring:

- Three days of ACPE Continuing Education
- Research Posters
- Networking with colleagues from across the NW
- All within the surroundings of wonderful Sun Valley!

See you there!

## Open Board Positions

Each fall positions open for our Board of Directors. Open positions for the 2022 – 23 Board include:

**President-Elect, Secretary-Treasurer, Administrative Affairs, Education, Legal & Public Affairs**

For more information, please contact the ISHP office at: [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com)

For a description of each open position, please click the links below.

### President-Elect

[https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/President-Elect%20Description\\_Timeline%202016.pdf](https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/President-Elect%20Description_Timeline%202016.pdf)

### Secretary-Treasurer

[https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/SecTreas%20Description\\_Timeline%202016.pdf](https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/SecTreas%20Description_Timeline%202016.pdf)

### Administrative Affairs

[https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Administrative%20Affairs%20Description\\_Timeline.doc.pdf](https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Administrative%20Affairs%20Description_Timeline.doc.pdf)

### Education

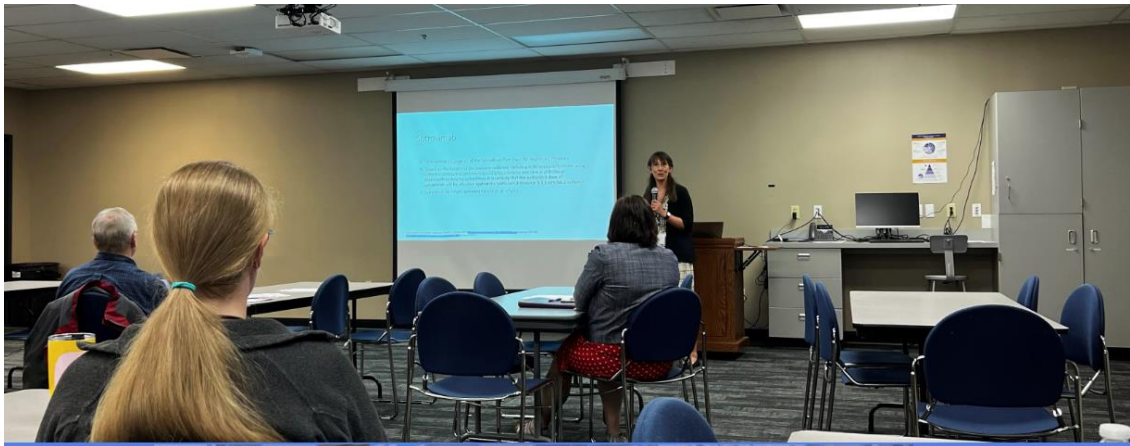
[https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Education%20Full\\_Description.pdf](https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Education%20Full_Description.pdf)

### Legal & Public Affairs

[https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Legal-Public%20Affairs%20Description\\_Timeline%202017.pdf](https://ishp.wildapricot.org/resources/Documents/ISHP%20Position%20Descriptions/Legal-Public%20Affairs%20Description_Timeline%202017.pdf)



# Spring Meeting April 9<sup>th</sup>, 2022



A little late in the presentation (from the virtual Fall 2021 meeting) ....

ISHP President Elaine Nguyen presents Nikki Chopski (left) with the Pharmacist of the Year Award and Andrea Winterswyk (right) with the ASHP Leadership Award as the ISHP Immediate Past President



THANK YOU TO OUR  
2022 SPRING MEETING  
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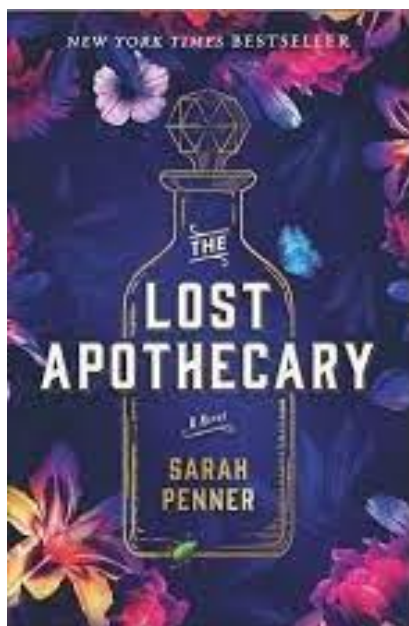


*A sincere **THANK YOU**  
to our meeting sponsors*

***We can not do this without you!***

## Read any good books recently?

Have you ready any good books recently that you think your ISHP colleagues may enjoy? If so, please write up a brief review and sent it to ISHP at [ishpcontact@gmail.com](mailto:ishpcontact@gmail.com) We will include these in future editions of the quarterly newsletter.



*The Lost Apothecary*

Sarah Penner

2021

*The Lost Apothecary* by Sarah Penner is a work of fiction and is a story of 3 women. One of which is in present day London and the other two are again in London, but in 1791. Mudlarking on the banks of the Thames River, Caroline finds a small bottle with an etched image of a bear. Intrigued by the bottle she delves into research which leads to Eliza, a young domestic servant and Nella, the owner of a small apothecary. The apothecary shop was passed down to Nella by her mother who had been dedicated to helping treat various maladies of women in London in the 1700s. Nella however used her pharmaceutical knowledge to dispense well disguised poisons to women who desired to murder oppressive men in their lives. Twelve-year-old Eliza is drawn into Nella's apothecary as she helps murder her mistress's husband. The story is told from the point of view of each woman as Caroline seeks to unravel the mysteries of a series of murders that occurred two hundred years before she pulled the small bottle out of the mud of the Thames River.

A fast paced but rather dark “wickedly fun” read. Interesting from a pharmaceutical standpoint as there are references throughout the book to the various compounds and methods used to prepared both poisonous and non-poisonous products. The book also gives a bit of history on the apothecary shops of London of the 1700s.

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## And on the lighter side.....

Pickles by Brian Crane for March 07, 2022



ISHP wishes you a happy and safe spring and summer

